

Rapper's Delight

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 1 級數: Beginner
編舞者: Wendy S. Anderson (USA) - May 2024
音樂: Rapper's Delight (45M Mix) - The Sugarhill Gang



NO TAGS, NO RESTARTS

Intro: 32 counts (16 counts in percussion and then 16 counts from guitar solo)

R POINT FORWARD, R POINT RIGHT, COASTER STEP; L POINT FORWARD, L POINT LEFT, COASTER STEP

1,2 Point Right foot forward, point Right foot Right
3&4 Step back on Right, Step Left next to Right, step Right forward
5,6 Point Left foot forward, point Left foot right
7&8 Step back on left, Step Right next to Left, step Left forward

R STEP TOGETHER, SHUFFLE FORWARD, LEFT STEP TOGETHER, SHUFFLE FORWARD

1,2 Step Right to Right; Step Left next to Right
3&4 Shuffle R, L, R
5,6 Step Left to Left, Step Right next to Left
7&8 Shuffle L, R, L

R SIDE, BEHIND, SIDE, HELL, BALL CROSS; L SIDE, BEHIND, SIDE, HEEL, BALL CROSS (aka Heel Jacks)

1-2& Step Right to Right side, cross Left behind Right, quickly step Right to Right
3&4 Tap Left heel forward Left diagonal, quickly step on ball of Left, cross Right over Left
5-6& Step Left to Left side, cross Right behind Left, quickly step Left to Left
7&8 Tap Right heel forward Right diagonal, quickly step on ball of Right, cross Left over Right

R ROCK RECOVER, COASTER STEP; L ROCK RECOVER, COASTER STEP

1,2 Rock Right forward, recover to Left
3&4 Step back on Right, Step Left next to Right, Step Right forward
5,6 Rock Left forward, recover to Right
7&8 Step back on Left, Step Right next to Left, step Left forward

END OF DANCE – HAVE FUN~!!

Last Update - 23 May 2024 - R1