

No Frontiers

拍數: 32 牆數: 4 級數: Improver
編舞者: Marc Mitchell (CAN) - May 2024
音樂: Turning - Jesse Cook : (CD: Frontiers)



Intro: 16 counts - Direction: CW

SWEEP BACK RIGHT, SWEEP BACK LEFT, BACK LOCK STEP, STEP LEFT SIDE, RIGHT TOGETHER, 1/4 TURN LEFT FORWARD SHUFFLE

- 1-2 Sweep right from front to back (start with right foot touching forward diagonal), sweep left back behind right
3&4 Step right back, step left back over right, step right back
5-6 Step left to side, step right together
7&8 Step left to side, step right together, step left forward 1/4 turn left

STEP RIGHT FORWARD, LEFT FORWARD, RIGHT FORWARD, PIVOT 1/2 TURN LEFT, STEP RIGHT FORWARD, SYNCOPATED LOCK STEPS LEFT & RIGHT, STEP LEFT SIDE, TOUCH RIGHT TOGETHER

- 1-2 Step right forward, step left forward
3&4& Step right forward, pivot 1/2 turn to left, step right forward, step left forward diagonal
5&6& Step right behind, cross left over right, step right forward diagonal
7&8 Step left behind right, cross right over left, step left side, touch right together with attitude

RUMBA RIGHT FORWARD, STEP LEFT SIDE, RIGHT TOGETHER, ROCK LEFT FORWARD 1/8 TURN LEFT, RECOVER RIGHT, ROCK LEFT FORWARD 1/8 TURN LEFT, ROCK RIGHT FORWARD, RECOVER LEFT 1/2 TURN RIGHT, STEP RIGHT FORWARD

- 1&2 Step right side, step left together, step right forward
3-4 Step left side, step right together
5&6 Step left forward 1/8 turn left, recover on right, step left forward 1/8 turn left
7&8 Step right forward, recover left, step right forward 1/2 turn right

ROCK LEFT FORWARD, RECOVER RIGHT, SIDE SHUFFLE LEFT, ROCKING CHAIR, STEP RIGHT BACK, STEP LEFT FORWARD 1/4 TURN LEFT, TOUCH RIGHT FORWARD SLIGHT DIAGONAL

- 1-2 Step left forward, recover right,
3&4 Step left side, step right together, step left side
5&6& Step right slightly behind left, recover left, step right forward, recover left,
7&8 Step right back, step left forward 1/4 turn left, touch right forward diagonal ready to sweep back

*TAG: After wall 4 (9.00) dance as follows:

- 1-2 Step back right behind left, touch left side
3-4 Step back left behind right, touch right side
5-6 Step right forward over left, touch left side
7-8 Step left forward over right, touch right side slight diagonal forward

*ENDING: Wall 8 (facing 9:00) after 24 counts, dance as follows:

- 1-2 Step left forward, recover right
3-4 Step left forward 1/4 turn left, hold with weight on left with attitude

*WALL SEQUENCE: 12,3,6,9,12,3,6,9

