

Chicken Fried EZ

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tom Inge Soenju (NOR) - April 2024
音樂: Chicken Fried (Real Hypha Remix) - Zac Brown Band, Real Hypha



Available on Youtube or free download of the track here:

<https://soundcloud.com/realhypha/chicken-fried-zac-brown-band-real-hypha-remix>

Note: If you have problems getting hold of the track please contact me. Thanks to Grethe for step suggestions.

Intro: 8 counts.

Sequence: Repeating sequence.

Tag/Restart: No tags or restarts.

End: Dance as normal until music ends.

SECTION 1: SWAY L/R, CHASSE, SWAY R/L, CHASSE

1-2 Rock (sway) LF to L side, Rock (sway) RF too R side
3&4 Step LF to L side, Step RF beside LF, Step LF to L side
5-6 Rock (sway) RF to R side, Rock (sway) LF to L side
7&8 Step RF to R side, Step LF beside RF, Step RF to R side

SECTION 2: L CROSS-SIDE, SAILOR STEP, R CROSS-SIDE, SAILOR STEP

1-2 Cross LF over RF, Step RF to R side
3&4 Step LF behind RF, Step RF to R side, Step LF to L side
5-6 Cross RF over LF, Step LF to L side
7&8 Step RF behind LF, Step LF to L side, Step RF to R side

SECTION 3: POINT ACROSS, B POINT, CROSS-POINT, POINT ACROSS, B POINT, CROSS-POINT

1-2 Point LF across RF, Point LF diagonally back L
3-4 Cross LF over RF, Point RF to R side
5-6 Point RF across LF, Point RF diagonally back R
7-8 Cross RF over LF, Point LF to L side

SECTION 4: ROCK-RECOVER, ¼ L SHUFFLE TURN, ¼ L B SHUFFLE TURN, ROCK-RECOVER, ¼ R TURN

1-2 Rock LF fwd, Transfer weight onto RF
3&4 ¼ L turn stepping LF to L side, Step RF beside LF, ¼ L turn stepping LF fwd [06:00]
5&6 ¼ L turn stepping RF to R side, Step LF beside RF, ¼ L turn stepping RF back [12:00]
7-8 Rock LF back, Transfer weight onto RF and ¼ R turn [03:00]

(Easier options: Change count 3&4 and 5&6 to two back shuffles. First with LF then with RF)

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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