

Say Cheese

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - May 2024
音樂: Say Cheese - Paul Russell : (Spotify/ YouTube Music/ Deezer/ Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

Intro: 8 counts

[S1] Fwd, 1/4R, Behind Rock-Side, Hip Roll, Cross Shuffle

1 2 Step forward on R, Make a ¼ turn right stepping L to the side (3:00)
3&4 Rock R behind L, Replace weight on L, Step R to the side starting hip-roll
5 6 Hip roll counter-clockwise from left to right over 2 counts, ending the weight on R
7&8 Cross L over R, Step R beside L, Cross L over R

[S2] 1/4L-1/4L, Fwd-Chase Turn 1/2R, Fwd-Kick-Kick-1/4R-Point, Kick Across-Ball-

1 2 Make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to the side (9:00)
3&4 Step forward on R, Step forward on L, Make a ½ turn right recover weight on R (3:00)
5&6 Step forward on L, Kick R forward twice (&6)
&7 Make a swift ¼ turn right stepping R beside L (6:00)
8& Point L to the side, Kick/across L over R, Ball step L next to R-
-Restart here on Wall 5 (6:00)

[S3] -Step-Pivot 1/2L, Step-Lock-Step, Triple 3/4R, Step-Lock-Step

1 2 - Step forward on R, Make a ½ turn left recover weight on L (12:00)
3&4 Step diagonally forward on R, Lock/step L behind R, Step forward on R
5&6 Step forward on L, Make a ½ turn right stepping R beside L, Make a ¼ turn right stepping L
 next to R (9:00)
7&8 Step diagonally forward on R, Lock/step L behind R, Step forward on R

[S4] Fwd Rock, Turning Shuffle L (moving backwards), Back-Back Rock

1 2 Rock forward on L, Replace weight on R
3&4 Making a ½ turn left shuffle forward on L-R-L (3:00)
5&6 Making a ½ turn left shuffle back on R-L-R (9:00)
7&8 Step back on L, Rock back on R, Replace weight on L

Restart on Wall 5 count 16 (6:00)

Ending suggestion: The last wall starts facing 9:00. Dance up to count 16& (3:00), Make a quick 1/4L turn stepping R to the side (12:00).