

Pa Mu

COPPER KNOB
BY STEPHEN

拍數: 96 牆數: 2 級數: Phrased Intermediate
編舞者: Detty Dee (INA) - May 2024
音樂: Pa Mu - Flora Gashi & Bujar Mustafa



SEQUENCE : ABCC-TAG-ABC-AB

TAG 4 COUNT AFTER WALL 4 (FACING 12:00)

NO RESTART

Start dance on vocal, approximately on 00:22

PART A : 32 COUNTS

S1 FORWARD MAMBO - BACK MAMBO - SIDE TOUCH WITH HIP ROLL RL

1&2 Step R forward, step L in place, step R backward
3&4 Step L backward, step R in place, close L together
5-6 Touch R to side with hip rolled clockwise, close R together
7-8 Touch L to side with hip rolled counter clockwise, close L together

S2 MODIFIED PADDLE TURN - CLOSE - PAS DE BOURRE RL

1-2 1/4 Turn left step R to side with hip rolled from back to front (09:00), 1/8 turn left step R to side with hip rolled from back to front (07:30),
3-4 1/8 Turn left step R to side with hip rolled from back to front (06:00), close R together
5&6 Cross R behind L, step L to side, step R to side
7&8 Cross L behind R, step R to side, step L to side

S3 FORWARD MAMBO - BACK MAMBO - SIDE TOUCH WITH HIP ROLL RL

1&2 Step R forward, step L in place, step R backward
3&4 Step L backward, step R in place, close L together
5-6 Touch R to side with hip rolled clockwise, close R together
7-8 Touch L to side with hip rolled counter clockwise, close L together

S4 MODIFIED PADDLE TURN - CLOSE - PAS DE BOURRE RL

1-2 1/4 Turn left step R to side with hip rolled from back to front (03:00), 1/8 turn left step R to side with hip rolled from back to front (01:30),
3-4 1/8 Turn left step R to side with hip rolled from back to front (12:00), close R together
5&6 Cross R behind L, step L to side, step R to side
7&8 Cross L behind R, step R to side, step L to side

PART B : 32 COUNTS

S1 (SYNCOPATED WEAVE - BOTAFOGO) RL

1&2& Cross R over L, Step L to side, Cross R behind L, Step L to side
3&4 Cross R over L, Ball L to side, Step R in place
5&6& Cross L over R, Step R to side, Cross L behind R, Step R to side
7&8 Cross L over R, Ball R to side, Step L in place

S2 FORWARD LOCKED SHUFFLE RL - MODIFIED PADDLE TURN WITH SHIMMY

1&2 Step R forward, cross L behind R, step R forward
3&4 Step L forward, cross R behind L, step L forward
5-6 1/4 Turn left step R to side with shimmy (09:00), 1/8 turn left step R to side with shimmy (07:30)
7-8 1/8 Turn left step R to side with shimmy (06:00), close R together

S3 (SYNCOPATED WEAVE - BOTAFOGO) RL

- 1&2& Cross R over L, step L to side, cross R behind L, step L to side
3&4 Cross R over L, ball L to side, step R in place
5&6& Cross L over R, step R to side, cross L behind R, step R to side
7&8 Cross L over R, ball R to side, step L in place

S4 FORWARD LOCKED SHUFFLE RL - MODIFIED PADDLE TURN WITH SHIMMY

- 1&2 Step R forward, cross L behind R, step R forward
3&4 Step L forward, cross R behind L, step L forward
5-6 1/4 Turn left step R to side with shimmy (03:00), 1/8 turn left step R to side with shimmy (01:30)
7-8 1/8 Turn left step R to side with shimmy (12:00), close R together

PART C : 32 COUNTS

S1 MODIFIED RUMBA BOX - ½ TURN LEFT PIVOT - FORWARD LOCKED SHUFFLE

- 1&2& Step R to side, step L together, step R forward, close touch L together
3&4 Step L to side, step R together, step L forward
5-6 Step R forward, ½ turn left recover on L (06:00)
7&8 Step R forward, cross L behind R, step R forward

S2 MODIFIED RUMBA BOX - ½ TURN RIGHT PIVOT - FORWARD LOCKED SHUFFLE

- 1&2& Step L to side, step R together, step L forward, close touch R together
3&4 Step R to side, step L together, step R forward
5-6 Step L forward, ½ turn right recover on R (12:00)
7&8 Step L forward, cross R behind L, step L forward

S3 MODIFIED ROCKING CHAIR - ¼ TURN LEFT MODIFIED ROCKING CHAIR 3X

- 1&2& Step R forward, recover on L, step R backward, recover on L
3&4& ¼ Turn left Step R forward (09:00), recover on L, step R backward, recover on L
5&6& ¼ Turn left Step R forward (06:00), recover on L, step R backward, recover on L
7&8& ¼ Turn left Step R forward (03:00), recover on L, step R backward, recover on L

S4 ¼ TURN LEFT SIDE SMALL JUMP - CLOSE TOUCH - SIDE SMALL JUMP - CLOSE TOUCH - FORWARD - SPIRAL - CLOSE

- 1-2 ¼ Turn left small jump R to side (12:00), close touch L together with bent knees
3-4 Small jump L to side, close touch R together with bent knees
5-6 Step R forward, ½ turn right step L back (06:00)
7-8 ½ Turn right step R forward (12:00), Close L together

TAG 4 COUNT AFTER WALL 4 (FACING 12:00)

TOUCH FORWARD WITH HAND MOVEMENTS

- 1-2 Touch R forward while right hand raised straight diagonally upwards to right, left hand raised straight diagonally upwards to left
3-4 Both hands closed together above head, the closed hands lowered down in front of the chest

ENJOY THE DANCE

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