

Lady Love

拍數: 48 牆數: 4 級數: Improver
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音樂: Lady Love - Lou Rawls



I. FORWARD MAMBO, BACK MAMBO, ½ PIVOT, ½ PIVOT BACK, COASTER

1 & 2 Rock Rf forward, Recover on Lf, Step back on Rf
3 & 4 Rock Lf backward, Recover on Rf, Step Lf forward
5 & 6 Step Rf forward, ½ turn L weight on Lf, ½ turn L step back on Rf
7 & 8 Step back on Lf, Step Rf next to Lf, Step Lf forward

II. CHASSE, CUMBIA

1 & 2 Step Rf to right side, Step Lf next to Rf, Step Rf to right side
3 & 4 Step Lf to left side, Step Rf next to Lf, Step Lf to left side
5 & 6 Rock cross Rf behind Lf, Recover on Lf, Step Rf to right side
7 & 8 Rock cross Lf behind Rf, Recover on Rf, Step Lf to left side

III. LOCK SHUFFLE FORWARD DIAGONAL, ¾ TURN CHUG

1 & 2 Step Rf forward diagonal right, Cross Lf behind Rf, Step Rf forward diagonal right
3 & 4 Step Lf forward diagonal left, Cross Rf behind Lf, Step Lf forward diagonal left
5&6& ¼ turn L tap R ball to right side, Step in place Lf, ¼ turn L tap R ball to right side, Step in place Lf
7 & 8 1/8 turn L tap R ball to right side, Step in place Lf, 1/8 turn L touch R toe to right side

IV. VAULDEVILLE, FORWARD MAMBO

1&2& Cross Rf over Lf, Step Lf to left side, Touch R toe slightly diagonal forward, Drop R heel
3&4& Cross Lf over Rf, Step Rf to right side, Touch L toe slightly diagonal forward, Drop L heel
5 & 6 Rock Rf forward, Recover on Lf, Step Rf next to Lf
7 & 8 Rock Lf forward, Recover on Rf, Step Lf next to Rf

V. ¼ TURN R JAZZ BOX, SIDE MAMBO

1 – 2 Cross Rf over Lf, ¼ turn R Step back on Lf
3 & 4 Step Rf to right side, Step Lf forward
5 & 6 Rock Rf to right side, Recover on Lf, Step Rf next to Lf
7 – 8 Rock Lf to left side, Recover on Rf, Step Lf next to Rf

VI. ½ PIVOT TWICE, HIP SWAY

1 – 2 Step Rf forward, ½ turn L weight on Lf
3 – 4 Step Rf forward, ½ turn L weight on Lf
5 – 8 Sway hip RLRL

Restart on wall 3 & 5 after 40 count