

Beer and Sunshine (BS)

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Debbie Nishiki (USA) - May 2024
音樂: Beers and Sunshine - Darius Rucker



Intro: 16 counts Start dance with lyrics

S1 (1-8) Side Touches (claps), Side Together Side Touch R L

1&2& Step R to R side, Touch L next to R (clap) Step L to L side, Touch R next to L (clap) (12:00)
3&4& Step R to R side, Step L next to R, Step R to R side, Touch L next to R (12:00)
5&6& Step L to L side, Touch R next to L (clap) Step R to R side, Touch L next to R (clap) (12:00)
7&8& Step L to L side, Step R next to L, Step L to L side, Touch R next to L (12:00)

S2 (9-16) Side Rock, Recover, Cross, ¼ R T, ¼ R T, Cross, Open Box

1&2,3&4 Side Rock on R, Recover L, Cross R over L, make ¼ R T (x2), Cross L over R (6:00) *Restart after 12 cts
5&6& Step R to R side, Step L next to R, Step R forward, Touch L next to R,
7&8 Step L to L side, Step R next to L, Step L forward (6:00)

S3 (17-24) Slide to R, Slide to L with ¼ T to L, Press Rock, Recover R L, Rocking Chair

1-2,3-4 Slide R to R side, Slide L make ¼ T to L, Press forward on R, Recover L, (3:00)
&5-6& Step R back, Press forward on L, Recover R, Step L back (3:00)
7&8& Rock forward on R, Recover L, Rock back on R, Recover L (3:00)

S4 (25-32) Heel Jacks R L, ¾ Turn Walk Around L

1&2 Cross R over L, Step L to L side, Touch R heel to R side (3:00)
&3&4 Step down on R, Cross L over R, Step R to R side, Touch L heel to L side (3:00)
&5-8 Step down on L, Walk around L making ¾ turn stepping R-L-R-L for 4 counts 5-8 (6:00)

Start Over

*Restart: Happens on Walls 3 and 6 after 12 counts

“R T means Right turn”

I hope you like it! Enjoy!

I do not own the rights to this music, its for instructional purposes only.

Last Update: 30 May 2024