

Keep It Undercover

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Easy Intermediate
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音樂: Keep It Undercover (Theme Song From K.C. Undercover) - Zendaya



Intro: Start with weight on L foot

Sequence: Wall 1, Tag, Wall 2, Wall 3, Tag, Wall 4 (*Restart after 32 counts), Wall 5 (32 counts), Tag, Wall 6**

Note: Tag always happens facing 6:00

[1 – 8] Ball Step, Cross, Side Mambo, Cross, Ball, Cross, ¼ Turn R, Mambo Step

1 - 2 Step R to R side (&), Step L to L side (1), Cross R over L (2), 12:00

3 & 4 Rock L to L side (3), Recover on R (&), Cross L over R (4) 12:00

5 - 6 Step R to R side (&), Cross L over R (5), ¼ Turn R Step R forward (6) 3:00

7 & 8 Rock L forward (7), Recover on R (&), Step L backwards (8) 3:00

Styling Options: On count 5 you can push both arms to each side of body with handpalms facing floor as if saying no

[9 – 16] Slide backwards, Together, Wiggle, Side, Together, Swivels & Sit

1 - 2 Slide R backwards (1), Close L next to R (2) 3:00

3 & 4 Wiggle and roll shoulders in forward motion twice (3 & 4) 3:00

5 - 6 Step R to R side (5), Close L next to R (6) 3:00

7 & 8 Swivel both heels R (7), Swivel both heels back to centre (&), ¼ Turn L and sit weight back on R (8) 12:00

[17 – 24] Step, Lock with Knee Pop, ¼ Turn L Curved Triple with Sweep, Cross, Side, Sailor Step 3/8 Turn R

1 - 2 Step L forward (1), Lock R behind L while popping L knee forward (2) 12:00

3 & 4 1/8 Turn L Step L forward (3), Close R next to L (&), 1/8 Turn L Step L forward while sweeping R from back to front (4) 9:00

5 - 6 Cross R over L (5), Step L to L side (6) 9:00

7 & 8 ¼ Turn R Cross R behind L (7), Step L to L side (&), 1/8 Turn R Step R forward (8) 1:30

[25 – 32] Walk LR, ¼ Turn R C-bump, Diagonal, Step, Out Out, In Together

1 - 2 Walk L forward (1), Walk R forward (2) 1:30

3 & 4 ¼ Turn R Touch L to L side while pushing L hip up (3), Push R hip to R side (&), Push L to L side transferring weight to L (4) 4:30

5 - 6 1/8 Turn L Step R diagonally forward to R side (5), Step L forward (6) 6:00

7 & 8 Step R out to R side (&), Step out L to L side (7), Step R back to centre (&), Close L next to R (8) 6:00

***Restart Restart on wall 4**

****Tag Tag on wall 5 followed by restart**

[33 – 40] Cross with Sweep, Cross, Side, R Back Rock Recover, ¼ Turn R Step Backwards

1 - 2 Cross R over L while sweeping L from back to front (1 – 2) 6:00

3 - 4 Cross L over R (3), Step R to R side (4) 6:00

5 - 6 Cross Rock L backwards (5 -6) 6:00

7 - 8 Recover on R (7), ¼ Turn R Step L backwards (8) 9:00

[41 – 48] L Back Rock, Recover, ¾ Turn L Drag, ½ Pivot L

1 - 2 Rock R backwards (1 – 2) 9:00

3 - 4 Recover on L (3), ¼ Turn L Step R to R side (4) 3:00

5 - 6 ½ Turn L Step L to L side while dragging R (5 – 6) 12:00

7 - 8 Step R forward (7), ½ Turn L transferring weight onto L (8) 6:00

TAG: Step, Hand Movements, Hitch R

- 1 Step R to R side 6:00
- 2 With both hands point with index fingers forward 6:00
- 3 Bring both hands over head 6:00
- 4 Hitch R knee 6:00

**START AGAIN AND HAVE FUNNNN
DARE TO BE UNIQUE**
