

Smiles on It

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Katie Robinson (USA) - 20 May 2024
音樂: Miles on It - Kane Brown & Marshmello



Intro: 32 counts; No Tags, no restarts

[1-8] Wizards, heel jacks

1,2& Step R to R diagonal, lock L behind R, step R to R diagonal
3,4& Step L to L diagonal, lock R behind L, step L to L diagonal
5&6& Cross R over L, step L out to L side, present R heel, step R to R side
7&8& Cross L over R, step R out to R side, present L heel, step L to L side

[9-16] Hop, cross, ½ unwind, Charleston

1,2 Hop in place, landing feet shoulder width apart; hop again, crossing R over L
3-4 Unwind ½ turn over L shoulder (now facing 6:00)
5,6 Touch R forward, return R to center*
7,8 Touch L backward, return L to center*

***Styling tip: If you have time, I like to swivel my heels inwards when I make each of these steps!**

[17-24] Scuff ¼ turn, hip sways, weave, heel grind

1,2 Scuff R and ¼ turn over L shoulder, (now facing 3:00) stomp R in place
3,4 Sway hips R, L (you can also think about this like it's a rock recover, because you're changing your momentum from R to L)
5&6 Step R behind L, step L out to L side, Cross R over L
7,8 Present L heel and fan ¼ turn over L, step back onto R (now facing 12:00)

[25-32] Coaster step, body roll, ¼ turn hitches, coaster step

1&2 Step L backwards, step R backwards to meet L, step L forward and plant weight onto L
3,4 Body roll shifting weight onto R
5,6 Hitch L with an 1/8 turn, hitch L with an 1/8 turn (this is made easier if you extend your L heel on the prior & count and then pump your leg "upward") (now facing 9:00)
7&8 Step L backwards, step R backwards to meet L, step L forward and plant weight onto L

No tags, no restarts! □