Happy Feet



拍數: 32 編數: 2 級數: High Beginner

編舞者: Heidi Clayton (UK) - May 2024 音樂: Footloose - Kenny Loggins



Intro: Starts on 'Been Working'

S1: Twist Heels, R, L, R Centre

1-2-3-4 Twist R Heel, Toe, Heel, Centre 5-6-7-8 Twist L Heel, Toe, Heel, Centre

S2: K Step with Claps

1-2-3-4 Step RF forward to R diagonal, Touch LF next to R, Step LF back to L diagonal Touch RF

next to L.

5-6-7-8 Step RF back to R diagonal, Touch LF next to R, step LF forward to L diagonal Touch RF

next to L.

S3: Pigeon Toes

1-2 Keep toes together, split heels apart then together.3-4 Keep toes together, split heels apart then together.

S4: Monterey ½ Turn Right

1-2 Point Right toe out to Right side, make a full turn over Right shoulder.

3-4 Point Left toe out to Left side, Step Left next to Right.

S5: Right Diagonal Step Forward. Together 2 x Heel Bounces (Repeat on Left)

1-2 Step Right Diagonal Forward Right, Step Left beside Right.

3-4 Bounce both heels x 2 (Weight on Right)

5-6 Step Left Diagonal Forward Left, Step Right beside Left.

7-8 Bounce booth heels x 2 (Weight on Left).