

Miles On It

拍數: 32 牆數: 2 級數: Improver
編舞者: Cyntia Fyfe (CAN) - May 2024
音樂: Miles On It - Marshmello & Kane Brown



Intro: 32 counts

[1-8] Rock back kick, Recovery, Heel grind ¼ turn, Coaster step, Wizard step

1-2 (1) Rock RF back with LF (2) Recover on LF
3-4 (3) Heel RF forward Toe R inward (4) 1/4 turn to R pivoting the toe R outward
5&6 (5) RF back (&) LF beside RF (6) RF forward
7-8& (7) Large diagonal step forward LF (8) Lock RF behind LF (&) Small diagonal step forward LF

[9-16] Wizard step, Rock, Recovery, step back X2, Coaster step

1-2& (1) Large diagonal step forward RF (2) Lock LF behind RF (&) Small diagonal step forward RF
3-4 (3) LF forward (4) Recover on RF
5-6 (5) Step back LF (6) Step back RF
7&8 (7) LF back (&) RF beside LF (8) LF forward

[17-24] R & L Kick & Points, Pendulum step touch, R toe Behind, Unwind 3/4

1&2 (1) Kick RF forward (&) Bring RF beside LF (2) Point LF to L
3&4 (3) Kick LF forward (&) Bring LF beside RF (4) Point RF to R
5-6 (5) Bring RF to place of LF and point LF to L (6) Bring LF to place of RF and point RF to R
7-8 (7) Point RF behind LF (8) Unwind ¾ turn R (Keep weight on LF)
7-8 *Alternative: 3/4 Leg Swing (Push from RF to swing RF While making 3/4 Turn R on LF)

[25-32] L & R Vaudeville, LF out, RF out, LF in, RF Cross, ½ Turn L

1&2& (1) Cross RF in front of LF (&) LF to L (2) Heel RF (Diagonal R) (&) Bring RF beside LF
3&4& (3) Cross LF in front of RF (&) RF to R (4) Heel LF forward (diagonal L) (&) LF to L
5&6 (5) RF to R (&) Bring LF beside RF (6) Cross RF in front of LF
7-8 (7) Unwind 1/2 turn to L (8) finishing with weight on LF

Restart from the beginning

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