

Ain't No Angels

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - April 2024
音樂: No Angels - Justin Timberlake



Start: After 16 counts

Step, Mambo Hitch, Back, Coaster Step, Walk-Walk.

1-2&3 Step forward on Left, rock forward on Right, recover on Left, hitch Right knee.
4-5&6 Step back on Right, Step back on Left, step Right next to Left, step forward Left.
7-8 Walk forward Right-Left.

Step, Anchor Step, 1/2, 1/4, Hold, Behind & Cross.

1-2&3 Step forward on Right, Lock Left behind Right, recover on Right, step back Left.
4-6 Make 1/2 turn Right stepping forward Right, 1/4 Right stepping Left to side, Hold.
7&8 Cross step Right behind Left, step Left to side, cross step Right over Left.

Side Rock & Side, Together, Back, 1/4, 1/4, 1/4.

1-2& Rock Left to Left side, recover on Right, step Left next to Right.
3-4 Step Right to side, step Left next to Right.
5-8 Step back on Right, make 1/4 hinge Left stepping Left to side, 1/4 hinge Left stepping Right to side, 1/4 hinge Left stepping Left to side.

Step, Lock & Step, Lock & Rock Step, 1/2, Sweep.

1-2& Step Right to Right diagonal, lock Left behind Right, step Right to Right diagonal.
3-4& Step Left to Left diagonal, lock Right behind Left, step Left to Left diagonal.
5-6 Rock forward on Right, recover on Left.
7-8 Make 1/2 turn Right stepping forward Right, Sweep Left. *R*

Cross, Side, Sailor Heel & Cross, Side, 1/2 Hinge, Rock.

1-2 Cross step Left over Right, step Right to side.
3&4 Cross step Left behind Right, step Right next to Left, touch Left heel to Left diagonal.
&5-6 Step Left next to Right, cross step Right over Left, step Left to side.
7-8 Make 1/2 hinge turn to Right hitching Right knee, rock Right to Right side.

Recover, Sweep, Anchor Step, Rock Step, Plop-Plop.

1-2 Recover on Left, step back on Right sweeping Left.
3&4 Cross step Left behind Right, recover on Right, step back on Left.
5-6 Rock back on Right, recover on Left.
7-8 Step forward Right popping Left knee, step forward Left popping Right knee.

Side, Hold, Sailor, Behind, Side, Cross, Hold.

1-2 Step Right to side with a slight dip (Left heel touching Left side .. Left toe up), Hold.
3&4 Cross step Left behind Right, step Right next to Left, step Left to side with slight dip (Right heel touching Right side... toe up).
5-8 Cross step Right behind Left, step Left to side, cross step Right over Left, Hold.

Side Rock, Cross Shuffle, Rock, Recover, Sailor 3/8.

1-2 Rock Left to Left side, recover on Right.
3&4 Cross step Left over Right, step Right to side, cross step Left over Right. (Travelling toward Right Diag)
5-6 Rock Right forward into Right diagonal, recover on Left.

7&8

Cross step Right behind Left making 1/8 turn Right, step Left next to Right, 1/4 turn Right stepping forward on Right.

***R* Restart: Wall 3.. Dance Up To & Including Count 32.. Then Restart From Beginning.**
