

# Live & Learn

**COPPER KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Karen Hill (UK) - 5 March 2024  
音樂: Follow Your Arrow - Kacey Musgraves



Count in : 16

## Section 1: side together, shuffle forward x 2

1 – 2      Step right to right side, step left next to right (weight on left)  
3 & 4      Right shuffle forward  
5 – 6      Step left to left side, step right foot next to left ( weight on right)  
7 & 8      Left shuffle forward

## Section 2: Quarter turn, weave, heel forward, hold. Cross shuffle

1 – 2      Step right foot forward, quarter turn to left (weight on left foot)  
3 & 4 &      Right cross in front of left, left foot to left side, right cross in front of left, cross left behind right.  
5 & 6      Right heel forward, hold whilst you double clap  
&      Bring right foot in place  
7 & 8      Cross left in front of right, small step with right, cross left in front of right (cross shuffle)

## Section 3: Right side together, quarter turn right shuffle, step left foot forward quarter turn to right, left cross shuffle

1 – 2      Step right to right side, step left foot next to right, taking weight.  
3 & 4      Step right side, together with left, quarter turn right  
5 – 6      Step left foot forward, quarter turn to right ( weight on right)  
7 & 8      Cross left foot over right, small step with right, step left over right (cross shuffle)

**\$ - WALL 4 - TAG – WALK, RIGHT, LEFT THEN RESTART \$**

## Section 4: Right side rock recover, behind side cross. Rock forward left recover, left coaster cross

1 – 2      Rock weight out to right side, recover weight onto left  
3 & 4      Cross right behind left, step left to left side, cross right in front of left.  
5 – 6      Rock weight forward onto left foot, recover weight onto right foot in place  
7 & 8      Step left foot back, bring right foot next to left, cross left in front of right

Enjoy! Dedicated to the 3 wise chimps

Released 5th March 2024

Last Update: 1 Jan 2025

---