

Get Topsy

COPPER KNOB
STEPPERS

拍數: 24 牆數: 4 級數: Beginner / High Beginner
編舞者: Helaine Norman (USA) - May 2024
音樂: A Bar Song (Topsy) - Shaboozey



Intro: 16 (counting with syncopation)

Tag: 1, No restarts

I. HOP FORWARD, HOLD, BUMP X2; HOP BACK, HOLD, BUMP X2

&1-2 Hop R forward, step L together, hold
3-4 Bump hip R side, bump hip L side (weight to L)
&5-6 Hop R back, step L together, hold
7-8 Bump hip R side, bump hip L side (weight to L)

II. MONTEREY ¼ R-TURN; BUMP X4

1-2 Touch R side, step R together making ¼ turn right (3:00)
3-4 Touch L side, step L together
5-8 Bump hips to the side R L R L

Optional for 5-8: Body roll counter clockwise with weight ending on L

III. KICK BALL POINT X2; CROSS/UNWIND, BACK TOE STRUT X2

1&2 Kick R forward, step R, touch L side
3&4 Kick L forward, step L, touch R side
5&6& Step R over, unwind on balls of feet (with or without heel drops), weight to L (9:00)
7&8& Step R toe back, drop R heel, step L toe back, drop L heel

REPEAT

TAG:

1-4 End of wall 10 facing 6:00: Toe strut back X2

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