

How Long Bachata 2024

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數:
編舞者: Elisabeth HS (INA) - May 2024
音樂: How Long - Charlie Puth - DJ Selphi mix Camilo Bass (Cornel & Rithika, Bachata Sensual)



Restarts -

*on wall 4 after 16c with step change

*on wall 10 after 12c

Section 1 WALK, WALK, SIDE RECOVER STEP FORWARD 2X, FORWARD RECOVER

1-2 walk rf walk lf
3&4 rock rf to right, recover lf, step rf forward
5&6 rock lf to left, recover rf, step lf forward
7-8 rock rf forward , recover lf

Section 2 STEP DIAGONAL BACK RIGHT. STEP DIAGONAL BACK LEFT, STEP IN PLACE AND HITCH

1-2 rf step back diagonal right, lf touch next to rf with hipbump
3-4 lf step back diagonal left, rf touch next to left with hipbump
***Restart on wall 10 just 12c**
5-6-7-8 step rf in place, step lf, step rf, hitch lf (with hipbumps r l r hitch)
***restart on wall 4 step change on count 8 just step next rf**
5-6-7-8 step in place rf, lf, rf, lf

Section 3 LF FORWARD, RECOVER RF, LF TURN 1/4 LEFT, CROSS RF OVER LF, LF STEP LEFT, RF STEP BEHIND LF, LF STEP LEFT, TOUCH RF NEXT TO LF WITH HIPBUMPS

1-2 rock lf forward, recover rf
3-4 lf 1/4 turn left, cross rf over lf (9 o'clock)
5-6 lf to side, rf behind lf
7-8 lf to side, rf touch next to left with hip bump

Section 4 STEP TO RIGHT 2X AND TOUCH WITH HIPBUMP, PIVOT 1/2 TO RIGHT, STEP LF FORWARD AND HITCH RF

1-2-3-4 rf to right, lf next to rf, rf to right, lf touch next to rf with hipbump
5-6 lf forward turn 1/2 to right, weight on rf, lf step forward, touch rf next to lf with hipbump (3 o'clock)

*option you can do full turn

1-2-3-4 turn 1/4 rf right , turn 1/2 to right step lf back, turn 1/4 right rf to right, touch lf next to rf with hipbump

Happy dancing all ☐☐