

Penolong Dalam Kesesakan

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BY STEPHEN

拍數: 16 牆數: 4 級數: Improver - NC
編舞者: Saniang Ludjen (INA) - May 2024
音樂: Penolong Dalam Kesesakan - Melitha Sidabutar



Intro: 12 counts

Restart on wall 5 after 12 counts facing 12.00

I. FORWARD, BACK L-R-L, SERPIENTEY, ¼ L BACK, BACK, ½ R BACK

1 Step R forward
2&3 Step L back, step R back, step L back while sweep R
4&5 Cross R behind L, step L to side, cross R over L while sweep L
6&7 Cross L over R, ¼ turn left step R back, step L back (9.00)
8& Recover on R, ½ turn right step L back (3.00)

II. LUNGE, ¼ L RUN L-R-L, RUN R-L, ¼ L BASIC NC, ¼ L FORWARD, ¾ L

1 Lunge R to side
2&3 ¼ Turn left step L forward, step R forward, step L forward
4&5 Step R forward, step L forward, ¼ turn left big step R to side (9.00)
6&7 Step L slightly behind R, cross R over L, ¼ turn left step L forward
8& ½ Turn left step R back, ¼ turn left step L to side

Enjoy the dance!

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