

Rollin' Along

COPPER KNOB
BY SHEETS

拍數: 16 牆數: 2 級數: Beginner
編舞者: Sylvie CARNOY (FR) - 25 April 2024
音樂: Rollin' Along - Alan Carter



*1 tag repeated 4 times – 1 final

start 1 x 8 counts after the train whistle

SECTION 1

KICK BALL POINT x2, ROCKING CHAIR

1&2 kick ball point : right kick fwd, RF next LF, left point to the left
3&4 kick ball point : left kick fwd, LF next RF, right point to the right
5 – 8 rocking chair : step RF fwd, recover onto LF, RF back, recover onto LF

SECTION 2 - STEP ½ TURN, POINT SWITCHES, HEEL SWITCHES, HOOK

1 – 2 step RF fwd, ½ turn to the left 6.00
3&4& right point to the right, RF next to LF, left point to the left, LF next to RF
5&6& heel right to front diagonal **, RF next to LF, heel right fwd, heel to front diagonal, LF next to RF
7 – 8 heel right to front diagonal, right hook *

* TAG : 8 counts & restart (special feature : the tempo speeds up) : at the end of 2nd, 5th, 8th and 11th wall, facing 12 :00, add the following steps:

STEP ¼ TURN, STOMP, STOMP, STEP / STOMP ¼ TURN, STOMP, STOMP

1 – 2 step RF fwd, ¼ turn to the left 9 :00
3 – 4 stomp RF, stomp LF
5 – 6 step RF fwd, ¼ turn to the left 3 :00
7 – 8 stomp RF, stomp LF

Then restart the dance from the beginning.

** Final: on the 14th wall facing 12 :00, from beat 5 of the 2nd section the music will slow down, follow the rhythm and finish the dance, then add RF stomp in front.

Good luck , good dance !

RF : right foot - LF : left foot

Only the choreographer's original dance form is authentic.

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