

The Code

拍數: 64 牆數: 4 級數: Improver
編舞者: Elisabeth Elkuch-Heid (CH/LIE) - 12 May 2024
音樂: The Code - Nemo



Start the dance after oh oh oh

[1-8] Rocking Chair R, Step Cross, Hold, Unwind 1/4 Turn R, Hold (3)

1-4 Step R Fwd, Recover L, Step R Back, Recover L
&5,6 Step R next to L, Cross L over R, Hold
7,8 Unwind 1/4 Turn R (Weight is L), Hold (3)

[9-16] Rocking Chair R, Step Cross, Hold, Unwind 1/4 R, Hold (6)

1-4 Step R Fwd, Recover L, Step R Back, Recover L
&5,6 Step R next to L, Cross L over R, Hold
7,8 Unwind 1/4 Turn R (Weight is L), Hold (6)

[17-24] Long Step R to R, Drag L to R, Turn L Knee & Thigh to L, to Center, to L, to Center

1-4 Big Step R to R (1,2), Drag L to R (3,4) (Weight stays on R)
5-8 Turn L Knee & Thigh to L, to Center, to L, to Center

[25-32] Long Step L to L, Drag R to L, Turn R Knee & Thigh to R, to Center, to R, to Center

1-4 Big Step L to L (1,2), Drag R to L (3,4) (Weight stays on L)
5-8 Turn R Knee & Thigh to R, to Center, to R, to Center

[33-40] Step Turn 1/4 R, Hitch L, Step Turn 1/2 R, Hitch R, Walk Fwd R, L, R, Hitch L (3)

1,2 Step R 1/4 Turn R, Hitch L
3,4 Step L 1/2 Turn R, Hitch R

During Wall 1 Substitute 1/2 Turn into 1/4 Turn R (12) and add these Steps:

[1-8] Step R Slightly Fwd R, drag L towards R
[9-16] Step L Slightly Fwd L, drag R towards L
[17-24] Step R Slightly Back R, drag L towards R
[25-32] Step L Slightly Back L, drag R towards L
(Arm Movements optional)

Restart the dance at 12 o'clock

5-8 Walk Fwd R, L, R, Hitch L (3)

[41-48] Big Step L Backwards, Step R Back, Step L next to R, Walk Fwd R, L, R, Hitch L

1,2 Big Step L Back
3,4 Step R Back, Step L next to R
5-8 Walk Fwd R, L, R, Hitch L

[49-56] Big Step L Backwards, Step R Back, Recover L, Step R Fwd, Hold, 1/2 Turn L, Hold (9)

1,2 Big Step L Back
3,4 Step R Back, Recover L
5,6 Step R Fwd, Hold
7,8 1/2 Turn L, Hold (9)

[57-64] Two Full Turns L, Rocking Chair

1-4 1/2 Turn L With R Back, 1/2 Turn L with L Fwd, 1/2 Turn L With R Back, 1/2 Turn L With L Fwd
5-8 Step R Fwd, Recover L, Step R Back, Recover L

End of Wall 3 (6) Add 1-4 another Rocking Chair (So you will have three Rocking Chairs in a row - the end of the dance, the Tag and the beginning of the dance)

End of Wall 5 (12) Add Tag: Skates With Finger Klicking - Snapping

1,2 Skate R Fwd

3,4 Skate L Fwd

5,6 Skate R Fwd

7,8 Skate L Fwd

Ending: After Wall 7 instead of Rocking Chair 5-8 Step Turn Step 1/2 Turn L (12)

5-8 Step R Fwd, 1/2 Turn L on L, Step R Fwd, Hold (12)

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Lizzy's Line Dance
