

# I Had Some Help

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Stacey Snyder (USA) - May 2024  
音樂: I Had Some Help (feat. Morgan Wallen) - Post Malone



#32 count intro. \*1 Restart—Wall 4 after 16 counts

## Side Step Together, Shuffle Fwd., Side Step Touch, Side Step, ½ Turn

1-2            Step R to R side, Step L together with R  
3&4            Shuffle Forward R, L, R  
5-6            Step L to L side, Touch R toe behind L  
7-8            Step R to R side, Turn ½ turn over L shoulder (keeping pressure on R) (6:00)

## Side Step Together, Shuffle Fwd., Side Step Hold, Cross and Cross

1-2            Step L to L side, Step R together with L  
3&4            Shuffle Forward L, R, L  
5-6            Step R to R side, Hold  
7&8            Cross step L over R, Step R to R Side, Cross step L over R

\*(Restart here during wall 4)

## Side Rock, Cross and Cross, Side Step, ¼ ¼ ¼ turn

1-2            Rock R to side, Recover onto L  
3&4            Cross step R over L, Step L to L side, Cross step R over L  
5-6            Step L to L side, Turn ¼ turn over R shoulder step R to R Side (9:00)  
7-8            Turn ¼ turn R step L to L side (12:00), Turn ¼ turn over R shoulder step R to R side (3:00)

## Vaudeville, Ball Change Heel, Long Side Step, Drag, Two Stomps

1&2            Cross step L over R, Step back onto R, L heel tap forward  
&3-4            Ball Change L step then R, L heel tap forward  
5-6            Long step L to L side, Drag R to meet L  
7-8            Stomp R in place, Stomp L in place

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