

Save A Horse

拍數: 48 牆數: 2 級數: Improver
編舞者: Unknown & Brendan Simoens (USA) - May 2024
音樂: Save a Horse (Ride a Cowboy) - Big & Rich



Intro: 32 counts after first beat, approx 26 seconds (NO TAGS, NO RESTARTS)
Dance can be done as a contra!

[1 - 8] Out Out Clap, In In Clap, Out Out In In Out Out In In

1&2 Step R to R (1), step L to L (&), clap (2)
3&4 Step R to center (3), step L next to R (&), clap (4)
&5&6 Step R to R (&), step L to L (5), step R to center (&), step L next to R (6)
&7&8 Step R to R (&), step L to L (7), step R to center (&), step L next to R (8)

[9 - 16] Kick Ball Step, Kick Ball Step, ½ Pivot, ½ Pivot

1&2 Kick R forward (1), step R in place (&), step L in place (2)
3&4 Kick R forward (4), step R in place (&), step L in place (4)
5,6 Step R forward (5), ½ L shifting weight to L (6) 6:00
7,8 Step R forward (7), ½ L shifting weight to L (8) 12:00

[17 - 24] Lindy R, Lindy L

1&2 Step R to R (1), step L next to R (&), step R to R (2)
3,4 Rock L behind R (3), recover onto R (4)
5&6 Step L to L (5), step R next to L (&), step L to L (6)
7,8 Rock R behind L (7), recover onto L (8)

[25 - 32] Lasso Stomps Forward, ½ Pivot, Shuffle

1&2& Stomp R forward (1), step L next to R (&), stomp R forward (2), step L next to R (&)
3&4 Stomp R forward (3), step L next to R (&), stomp R forward (4)

Arms for counts 1-4: L arm parallel to floor with fist touching R elbow, R arm straight up doing a lasso motion for all 4 counts

5,6 Step L forward (5), ½ R shifting weight to R (6)
7&8 Step L forward (7), step R next to L (&), step L forward (8)

[33 - 40] Shuffle, ½ Pivot, Shuffle, Full Turn

1&2 Step R forward (1), step L next to R (&), step R forward (2)
3,4 Step L forward (3), ½ R shifting weight to R (4)
5&6 Step L forward (5), step R next to L (&), step L forward (6)
7,8 ½ L stepping R back (7), ½ L stepping L forward (8)

[41 - 48] ½ Pivot, Walks Forward

1,2 Step R forward (1), ½ L shifting weight to L (2)
3,4 Step R forward (3), step L forward (4)
5,6 Step R forward (5), step L forward (6)
7,8 Step R forward (7), step L forward (8)

Alternate:

[41 - 48] ½ Pivot, Shuffle, Shuffle, Walk Walk

1,2 Step R forward (1), ½ L shifting weight to L (2)
3&4 Step R forward (3), step L next to R (&), step R forward (4)
5&6 Step L forward (5), step R next to L (&), step L forward (6)
7,8 Step R forward (7), step L forward (8)

This dance is done often in Omaha & Lincoln, NE but there was no step sheet nor any videos, choreographer

unknown.

My name is only listed as choreographer so I can edit the step sheet if need be! I do not take credit for this dance!

ADD SOME STYLE AND HAVE FUN!!!!

For any questions feel free to reach out to me at brendan.simoens@gmail.com
