

# I Had Some Help

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Maggie May (UK) - May 2024  
音樂: I Had Some Help (feat. Morgan Wallen) - Post Malone



## #32 count intro

### (1-8) R stomp hitch coaster step, L stomp half turn, triple step

1, 2            R stomp forward, hitch R  
3&4            Step R back, step L next to R, step R forward  
5, 6            L stomp forward, Half turn over L shoulder, turning on R leg with L leg hitched  
7&8            L step forward, R step next to L, L step forward

### (9-16) R stomp, L stomp, heels, toes, hitch R, R point, hitch 1/4 turn, R coaster step

1, 2            R stomp out, L stomp out  
3&4            Bring both heels in, then both toes in, hitch R  
5, 6            R point to the side, R hitch to turn 1/4 over R shoulder  
7&8            Step R back, step L next to R, step R forward

### (17-24) 2x jump L&R, R Monterey turn, L out side step

&1&2            Jump L, touch R, Jump R, touch L  
&3&4            Jump L, touch R, Jump R, touch L  
&5, 6            Step down on L, point R, 1/2 turn over R shoulder and step R next to L transfer weight onto R  
7&8            Step L out to side, step R to side, step forward on L

### (25-32) R pivot turn, R triple forward, L out side step to prep 2 count turn over R shoulder

1, 2            Step R forward, 1/2 turn over L shoulder  
3&4            Step R forward, step L next to R, step R forward  
5&6            Step L out to side, step R to side, step forward on L  
7, 8            Full turn over R shoulder

Tag: on wall 4 on your 2nd count of 8 the first 6 counts are the same, for counts 7 and 8 instead of doing a coaster step, rock back on R, recover on L and touch R next to L staying weighted on L to restart the dance (styling options, rock recover jump, rock recover spin)