

Mother's Waltz

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Intermediate
編舞者: Shanthie De Mel (AUS) - May 2024
音樂: Mother Of Mine - Hayley Westenra



Intro: 12 Counts. Start on vocals. No Tags or Restarts.

NOTE: You can make it a 4 Wall dance by pivoting 1/2 left at count 44 to face 9:00.

Happy Mother's Day!

(1-6) STEP FWD. TURNING 1/4 RIGHT POINT. HOLD. STEP TURNING 1/4 LEFT. POINT. HOLD.

1, 2, 3 Step R forward. Turning 1/4 right point L to left side. Hold. (3:00)
4, 5, 6 Turning 1/4 left step L to left side. Point R to right side. Hold. (12:00)

(Styling: Sweep left arm out to side & over to back.)

(7-12) TURNING 1/4 RIGHT BACK. CROSS. BACK. BACK. CROSS. BACK.

1, 2, 3 Turning 1/4 right step R back to right diagonal. Cross L over R. Step R diagonally back. (12:00)
4, 5, 6 Step L back to left diagonal. Cross R over L. Step L back to left diagonal (12:00)

(13-24) CROSS. HOLD. HOLD. ROCK. RECOVER. CROSS BACK

1, 2, 3 Cross R over L. Hold for 2 counts.
4, 5, 6 Rock L to left side. Recover R moving slightly forward. Step L behind R heel.
7, 8, 9 Cross R over L. Hold for 2 counts.
10, 11, 12 Rock L to left side. Recover R moving slightly forward. Step L behind R heel. (12:00)

(Styling: At cross-hold, bend both knees & spread out arms to each side palms down.)

(25-30) TURN 1/4 RIGHT FORWARD. FORWARD. PIVOT. VINE LEFT.

1, 2, 3 Turning 1/4 (3:00) right step R forward. Step L forward. Turn 1/2 (9:00) right on R.
4, 5, 6 Step L to left side. Cross R behind L. Step L to left side. (9:00)

(31-36) FORWARD. FORWARD. PIVOT. VINE LEFT.

1, 2, 3 Step R forward. Step L forward. Turn 1/2 right on R. (3:00)
4, 5, 6 Step L to left side. Cross R behind L. Step L to left side. (3:00)

(37-42) ROCKING CHAIR WALTZ.

1, 2, 3 Rock R forward. Recover L. Step R back.
4, 5, 6 Step L forward. Rock R forward. Recover L. (3:00)

(Styling: Do Rainbow Arms - sweep arms forward, up, out & down.)

(43-48) PADDLE 1/4 LEFT. BIG SIDE STEP. POINT.

1, 2, 3 Step R forward. Turn 1/4 left on L. Step on R in place. (12:00)
4, 5, 6 Take a big step on L to left side for 2 counts. Point R to right side. (12:00)

Smile! Dance with attitude!

ENDING. The music slows at count 30 onwards.

Make a 1/4 turn where ever you choose, to face 12:00 & pose with hands crossed at chest.

Last Update: 12 May 2024

