Astrid's Ding Dong Song



拍數: 16 編數: 4 級數: Absolute Beginner

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音樂: Ding Dong, Sing My Song - Michael English



Note: The dance begins with the use of singing

S1: Charleston steps, walk 2, run 3

1-2 Swing the RF forward in a circle and tap the tip of your right foot in front RF swing backwards

in a circle and step backwards with right

3-4 Swing LF backwards in a circle and tap the tip of your left foot at the back Swing LF forward

in a circle and step forward with your left hand

5-6 2 steps forward (r - I)

7&8 2 small steps forward and put RF on the left (r - I - r)

S2: Heels-toes-heels swivels r + I, ¾ paddle turn I, touch

Turn both heels, toes and heels to the right againTurn both heels, toes and heels to the left again

5-8 Tap 3x a 1/4 turn to the left and right toe to the right - tap RF next to LF (3 o'clock)

Repetition to the end

Step description created by Get In Line (Rainer)