

Do It With Passion

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Niels Poulsen (DK) - May 2024
音樂: 911 - Teddy Swims



Intro: 16 counts from very first beat in music. App. 9 secs. into track. Start with weight on L foot

*1 restart: On wall 3 (starting at 12:00), after 32 counts, facing 12:00

Repeat steps: See explanation at bottom of step sheet

Phrasing: Intro, 48, 48, 32 (restart), 48, counts 33-48, 48, counts 33-48.

Notes:

1) Because of the phrasing you only get to do a full wall of wall 2 once to the music

2) The two times you repeat counts 33-48 they happen facing 6:00 each time

[1 – 9] Step ½ L, ¼ L side R, behind side cross sweep, cross side, behind side cross

1 – 3 Step R fwd (1), turn ½ L stepping onto L (2), turn ¼ L stepping R to R side (3) 3:00

4&5 Cross L behind R (4), step R to R side (&), cross L over R sweeping R to R side (5) ...

Note: on walls 2, 4 and 5 change your sweep to a ronde in the the air to match lyrics 'Hit me UP' 3:00

6 – 7 Cross R over L (6), step L to L side (7) 3:00

8&1 Cross R behind L (8), step L to L side (&), cross R over L (1) 3:00

[10 – 16] L side rock, recover ¼ R, lock ½ R, R back rock, ¼ L ball cross

2 – 3 Rock L to L side (2), turn ¼ R when recovering on R (3) 6:00

4&5 Turn ¼ R stepping L to L side (4), cross R over L (&), turn ¼ R stepping back on L (5) 12:00

6 – 7 Rock back on R (6), recover fwd onto L (7) 12:00

&8 Turn ¼ L stepping R to R side (&), cross L over R (8) 9:00

[17 – 25] Side R, 1/8 L back rock L, L step lock step, lean R, recover L, R sailor 5/8 R cross

1 – 3 Step R to R side (1), turn 1/8 L rocking back on L (2), recover on R (3) 7:30

4&5 Step L fwd (4), lock R behind L (&), step L fwd (5) 7:30

6 – 7 Lean R to R side prepping body slightly L and lifting L toes off the floor (6), recover on L (7) 7:30

8&1 Cross R behind L (8), turn ¼ R stepping L next to R (&), turn 3/8 R crossing R over L (1) 3:00

[26 – 32] L vine ¼ L sweep R, R rocking chair with sweep and pop

2 - 3 - 4 Step L to L side (2), cross R behind L (3), turn ¼ L stepping L fwd sweeping R fwd (4) 12:00

5 – 8 Rock R fwd (5), recover on L sweeping R to R side (6), rock back R popping L knee fwd (7), recover on L (8) ... * Restart here on wall 3, facing 12:00 12:00

[33 – 40] Monterey ½ R cross, L mambo cross, R step slide, behind & R hitch, R step lock step

1 – 2 Point R to R side (1), turn ½ R crossing R over L (2) 6:00

3&4 Rock L to L side (3), recover on R (&), cross L over R (4) 6:00

5 – 6 Step R a big step to R side sliding L towards R (5), step L behind R hitching R knee (6) 6:00

7&8 Step R fwd (7), lock L behind R (&), step R fwd (8) 6:00

[41 – 48] L rock step fwd, L back lock sweep, sweep ½ R fwd, step ½ R, walk fwd L

1 – 2 Rock L fwd (1), recover back on R (2) 6:00

3&4 Step back on L (3), lock R over L (&), step back on L starting to sweep R to R side (4) 6:00

5 Continue sweeping R but also turn a ½ R stepping down on R (5) 12:00

6 – 7 Step L fwd (6), turn ½ R stepping down on R (7) 6:00

8 Step L fwd (8) 6:00

Start Again!

Repeat steps +

Ending

After the restart you do wall 4 which finishes at 6:00. Now, repeat counts 33-48 which end at 12:00. Then, do all of wall 5, finishing at 6:00. Again, repeat counts 33-48 finishing the whole dance at 12.00
