

Salford Shuffle

拍數: 32 牆數: 2 級數: Beginner
編舞者: Tony G. Young (UK) - May 2024
音樂: Matchstalk Men & Matchstalk Cats & Dogs - The Original Houghton Weavers



SIDE, TOUCH, SIDE, TOUCH, SIDE CLOSE SIDE X 2

1& Step Right to right side, touch Left next to Right foot,
2& Step Left to Left side, touch Right next to left foot,
3&4 Step Right to right side, step Left next to right, step Right to right,
5& Step Left to left side, touch Right next to left foot,
6& Step Right to Right side, touch Left next to Right foot,
7&8 Step Left to left side, step right next to left, step left to left,

CROSS ROCK, SIDE HOLD. BACK ROCK SIDE HOLD, SLOW JAZZBOX (or SYNCOPATED JAZZBOX WITH TOE STRUTS)

1&2 Cross Right over left foot, Rock back Onto Left. Step Right to Right Side. HOLD
3&4 Step Left foot behind right, Rock back onto right. Step left to Left Side. HOLD,
5-8 Cross Right foot over left. Step back onto the left. Step right to right side, Step Left next to right.

WEAVE & SIDE ROCK CROSS X 2

1&2& Step Right to Right Side, Cross Left behind right, Step Right to right side, cross left in front of right.
3&4 Step Right to right side, Rock weight back onto the left. Cross right over left.
5&6& Step Left to Left Side, Cross Right behind Left, Step Left to Left side, cross Right in front of Left.
7&8 Step left to left side, Rock weight back onto the right. Cross left over Right.

RHUMBA BOX, ROCKING CHAIR, PIVOT 1/2 STOMP STOMP

1&2 Step Right to right side, Step left next to right, Step Right foot back
3&4 Step Left to Left side, Step Right next to left, Step left Foot forward.
5&6& Rock fwd. Right, recover on Left, rock back on Right, recover on Left
7&8& Step Right fwd., turn ½ left (weight on left), Stomp Right fwd. Stomp Left next to Right

Start The Dance Again & Enjoy!

Last Update - 9 May 2024 - R1