

Hurt You

拍數: 88 牆數: 2 級數: Phrased Intermediate
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音樂: Hurt You - Cody Jinks



Sequence: A – B – A – B + 16 – A 32 – B – B
Start facing at 12:00

Part A: 40 counts

S1: Step R, Touch L, Step L, Touch R, Jazz Box Cross R ¼ turn R

1-2 R step Fwd, L toe touch left
3-4 L step Fwd, R toe touch right
5-6 R cross over L, L step behind
7-8 R step R ¼ turn right, L step Fwd

S2: Grapevine R, Touch L together, Grapevine L turn ¼ L, Scuff R

1-2 Steps to the R with R, Cross LF behind R
3-4 Step R with R, Touch LF next to R
5-6 Steps to the left with left, Cross RF behind left
7-8 Step left with left, Turn ¼ L, Scuff R

S3: Rocking chairs R, Bump R, Bump L

1-2 Rock R Fwd, Recover on the L
3-4 Rock back R, Recover on the L
5-6 Hip bump L
7-8 Hip bump R

S4: Rock side R, Cross Shuffle R over L, Rock side L, Cross Shuffle L over R

1-2 Rock R to R side, recover to L
3&4 Cross R over L, step L to L side, cross R over L
5-6 Rock L to L side, recover to R
7&8 Cross L over R, step R to R side, cross L over R

Here end Part A: 32

S5: Rocking chair R, Step turn R ½ x 2

1-2 Rock step right Fwd, recover onto L
3-4 Rock step right back, recover onto L
5-6 Step R Fwd, ½ turn pivot to the left with LF taking weight
7-8 Step R Fwd, ½ turn pivot to the left with LF taking weight

Part B: 48

S1: Scuff R, Hitch R, Stomp up R, Scissor Step R, Scissor step L, Full Turn L

1&2 Scuff R, Hitch R, Stomp up R
3&4 RF side, LF together RF, cross RF over LF
5&6 LF side, RF together LF, cross LF over RF
7&8 Full turn L

S2: Shuffle R Fwd, Vaudeville L, Vaudeville R, Stomp R, Stomp L

1&2 Step R Fwd, close L beside R, step R Fwd
3&4 Cross L over R, step R diagonally back R, touch L heel diagonally Fwd L
5&6 Cross R over L, step L diagonally back L, touch R heel diagonally Fwd R
7&8 Stomp R, Stomp L

S3: Full turn R, Turn ½ R Shuffle R Fwd, Rock Fwd L, Coaster step L

1&2 Full turn R,
3&4 Turn ½ R, Step R Fwd, close L beside R, step R Fwd
5-6 Rock Fwd L, recover on R
7&8 Step L back, beside R to the L, Step L Fwd

S4: Step turn R, step lock step R, Step turn L, step lock step L

1-2 Step R Fwd, turn ½ on the L
3&4 Step R Fwd, L cross behind R, Step R Fwd
5-6 Step L Fwd, turn ½ on the R
7&8 Step L Fwd, R cross behind L, Step L Fwd

S5: rock side R, Coaster Cross R, rock side L, Coaster Cross L

1-2 Rock R on the R side, recover on the L
3&4 Cross R behind L, open L, cross R over L
5-6 Rock L on the L, recover on the R
7&8 Cross L behind R, open R, cross L over R

S6: rocking chairs R, Step turn R ½ x 2

1-2 Rock step right Fwd, recover onto left
3-4 Rock step right back, recover onto left
5-6 Step R Fwd, ½ turn pivot to the left with LF taking weight
7-8 Step R Fwd, ½ turn pivot to the left with LF taking weight

Part B: 48 + 16

S5: rock side R, Coaster Cross R, rock side L, Coaster Cross L

1-2 Rock R on the R side, recover on the L
3&4 Cross R behind L, open L, cross R over L
5-6 Rock L on the L, recover on the R
7&8 Cross L behind R, open R, cross L over R

S6: rocking chairs R, Step turn R ½ x 2

1-2 Rock step right Fwd, recover onto L
3-4 Rock step right back, recover onto L
5-6 Step R Fwd, ½ turn pivot to the left with LF taking weight
7-8 Step R Fwd, ½ turn pivot to the left with LF taking weight

***** Enjoy *****
