

These Beautiful Things

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 1 級數: Phrased Advanced - Rolling 8
編舞者: Kerry Maus (USA) - May 2024
音樂: Beautiful Things - Benson Boone : (iTunes, Amazon, Spotify)



Intro: 8 counts

Sequence: A A TAG B A (B-) ENDING

Section A: 32 counts

[1-8] Step & sweep, cross, side, behind & sweep, behind, side, forward ½ pivot, ½, ½ hitch, cross & press

- 1 2a 1) Step R forward sweeping L back to front, 2) cross L over R, a) step R to right,
3 4a 3) Step L back sweeping R front to back, 4) cross R behind L, a) step L to left
5 6a 5) Step R forward pivot ½ left keeping weight back on R, 6) step L forward, a) turn ½ left step
R back
7 8 7) Turn ½ left step L forward and hitch R back to front, 8) press/cross rock R over L [6:00]

[9-16] Back & hitch/ronde, behind, side, forward & sweep, cross & ¼, ½ prep, full spiral turn

- 1 2a 1) Recover L back as you sweep/hitch R front to back, 2) cross R behind L, a) step L to left
3 3) Step R forward sweeping L back to front
4a 5 6 4) Cross L over R, a) turn ¼ right step R forward, 5) step L forward, 6) pivot ½ right (prep),
7 8 7) Unwind full spiral left allowing L to cross over R shin weight to R, 8) step L forward [3:00]

[17-24] Side lunge, side triple, drag, full turn right, 1/8 (arabesque) step R back

- 1 2a 3 1) Step R to right bend R knee for lunge, 2) recover L to left side, a) step R beside L, 3) step
L to left
4 4) Slowly draw R toe in towards L and rotate upper body slightly left (prep)
5a 6 5) Turn ¼ right stepping R forward, a) turn ½ right stepping L back, 6) turn ¼ right stepping R
to right
7 8 7) Turn 1/8 right stepping L forward into 4:30 diagonal lift R leg up slightly with a straight leg,
8) step R back

***Second rotation through this section listen to the music and hold count 7, slowly lowering body down and bending knees**

[25-32] Nightclub basics, ¼ walk, ¼ walk, ½ turn with sweep

- 1 2a 1) Turn 1/8 left stepping L to left, 2) step R beside L, a) cross L over R
3 4a 3) Step R to right, 4) step L beside R, a) cross R over L
5 6 5) Turn ¼ left and step forward L, 6) turn ¼ left and step forward R
7 8 (7-8) Turn ½ left sweeping R foot around and end beside L (weight stays on L) [12:00]

TAG: 24 counts

[1-8] Step R, walk L, R, step L ½ hitch, walk R,L, sway R,L

- 1 2 3 4 1) Step R beside L, 2) step L forward, 3) step R forward, 4) step L forward hitching R and turn
½ left on L [6:00]
5 6 5) Step R forward, 6) step L forward
7 8 7) Sway R, 8) sway L

[9-16] 1/8 Turn, step ball hitch, cross, back ¼ sway, ¼, forward, ½, ¼ pivots

- 1 a 2 1) Turn 1/8 right stepping R forward, a) step L beside R, 2) step R forward hitching L knee
across R [7:30]
3 a 4 3) Cross L over R, a) step R back, 4) step L to left as you turn ¼ left and sway L reaching R
hand forward "stay" [4:30]
5 6 5) Turn ¼ R stepping R forward, 6) step L forward [7:30]

7a 8a 7) Step R forward pivot $\frac{1}{2}$ left, a) step forward L, 8) Step R forward pivot $\frac{1}{4}$ left, a) step forward L [10:30]

[17-24] Step ball hitch, cross, back $\frac{1}{4}$ sway, $\frac{1}{4}$, forward, $\frac{1}{2}$, $\frac{1}{4}$ pivots

1 a2 1) Step R forward, a) step L beside R, 2) step R forward hitching L knee across R [10:30]
3 a4 3) Cross L over R, a) step R back, 4) step L to left as you turn $\frac{1}{4}$ left and sway L reaching R hand forward "stay" [7:30]
5 6 5) Turn $\frac{1}{4}$ R stepping R forward, 6) step L forward [10:30]
7a 8a 7) Step R forward pivot $\frac{1}{2}$ left, a) step forward L, 8) Step R forward pivot $\frac{1}{4}$ left, a) step forward L [1:30]

B: 32 counts

[1-8] Step ball hitch, cross, back $\frac{1}{4}$ sway, $\frac{1}{4}$, forward, $\frac{1}{2}$, $\frac{1}{4}$ pivots

1 a2 1) Step R forward, a) step L beside R, 2) step R forward hitching L knee across R [1:30]
3 a4 3) Cross L over R, a) step R back, 4) step L to left as you turn $\frac{1}{4}$ left and sway L reaching R hand forward "stay" [10:30]
5 6 5) Turn $\frac{1}{4}$ R stepping R forward, 6) step L forward [1:30]
7a 8a 7) Step R forward pivot $\frac{1}{2}$ left, a) step forward L, 8) Step R forward pivot $\frac{1}{4}$ left, a) step forward L [4:30]

[9-16] Step ball hitch, cross, back $\frac{1}{4}$ sway, $\frac{1}{4}$, forward, $\frac{1}{2}$, $\frac{1}{4}$ pivots

1 a2 1) Step R forward, a) step L beside R, 2) step R forward hitching L knee across R [4:30]
3 a4 3) Cross L over R, a) step R back, 4) step L to left as you turn $\frac{1}{4}$ left and sway L reaching R hand forward "stay" [1:30]
5 6 5) Turn $\frac{1}{4}$ R stepping R forward, 6) step L forward [4:30]
7a 8a 7) Step R forward pivot $\frac{1}{2}$ left, a) step forward L, 8) Step R forward pivot $\frac{1}{4}$ left, a) step forward L [7:30]

[17-24] $\frac{1}{2}$ Diamond, turn $\frac{1}{4}$, $\frac{1}{2}$

1 2a 1) Turn $\frac{1}{8}$ right step R forward sweeping L over R, 2) cross L over R, a) turn $\frac{1}{8}$ left step R back [7:30]
3 4a 3) Step L back sweep R behind L, 4) step R behind L, a) step L to left turning $\frac{1}{8}$ left [6:00]
5 6a 5) Turn $\frac{1}{8}$ left step R forward, 6) cross L over R, a) step R back, turning $\frac{1}{8}$ left, squaring up to [3:00]
7 8 7) Turn $\frac{1}{4}$ left step L forward [12:00], 8) make $\frac{1}{2}$ turn left, step R back

(*one the last rotation of B, take off the last 8 counts and go directly into the 16 count ending.)

[25-32] $\frac{1}{2}$ Turn, step R, L, sway R, L (twist)

1 2 1) Turn $\frac{1}{2}$ left stepping L forward, 2) step R to right and reach R hand out and up to R side dragging L behind R
3 4 3) Step L to left reaching L hand out and up to left side, 4) step R to right pulling L hand in across chest
5 6 5) Step L beside R, 6) crossing R arm over L over chest like hugging yourself
7 8 7) Slowly twist body to R, 8) slowly twist body to L

Ending: 16 counts - facing [12:00]

[1-8] $\frac{1}{2}$ Turn, slow step R drag, L,R arms out R-L, in R-L

1 2 1) Turn $\frac{1}{2}$ left, step L forward, 2) step R to right and sway body R while reaching R hand out to R side
3 4 3) Drag L beside R, 4) Step L to left reaching L hand to left side
5 6 5) Step R to right pulling L hand in across chest, 6) Step L beside R crossing R arm over L across chest
a7 a) R arm out to right side palm forward 7) L arm out to left side palm forward
a8 a) Right hand in to chest, 8) Left hand in over R

[9-16] Throw arms up, slow step R drag, L,R arms out R-L, in R-L, and slowly lower hands to sides

- 1 2 1) Throw both arms up with palms up, 2) step R to right and sway body R while reaching R hand out to R side
- 3 4 3) Drag L beside R, 4) Step L to left reaching L hand to left side
- 5 6 5) Step R to right pulling L hand in across chest, 6) Step L beside R crossing R arm over L across chest
- a7 a) R arm out to right side, palm forward 7) L arm out to left side, palm forward,
- a8 a) R hand in to chest, 8) L hand in over R,
- 1 1) Slowly lower your hands open palms up forward and down while keeping elbows close to sides and lower head as you exhale because you did it!! :')

Have fun and DANCE HAPPY! ☐ Contact: Kerrymausdance@gmail.com

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