

# Been Like This

拍數: 32      牆數: 4      級數: Improver  
編舞者: Hiroko Carlsson (AUS) - May 2024  
音樂: Been Like This - Meghan Trainor & T-Pain : (Spotify/YouTube Music/  
Deezer/Apple Music)



Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(Intro: 16 counts)

## [S1] Cross-Samba, Cross-Samba, Rocking Chair, Fwd Rock-Together w/ Hip Push

1&2      Cross R over L, Rock/step L to the side, Replace weight on R  
3&4      Cross L over R, Rock/step R to the side, Replace weight on L  
5&6&      Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L  
7&8      Rock forward on R, Replace weight on L, Step R together with hip push-back

## [S2] Step-Pivot 1/4R, Cross-&-Cross-&-Cross, Hinge 1/2L Turn, Cross-&-

1 2      Step forward on L, Make a ¼ turn right recover weight on R (3:00)  
3&4&      Cross L over R, Step R close, Cross L over R, Step R close  
5 6 7      Cross L over R, Make a ¼ turn left stepping back on R (12:00), Make a ¼ turn left stepping L  
to the side (9:00)  
8&      Cross R over L, Step L close-

## [S3] -Box Step into Cross Shuffle, 1/4L-1/2L Shuffle Fwd

1 2 3 -      Cross R over L, Step back on L, Step R to the side  
4&5      Cross L over R, Step R close, Cross L over R  
6      Make a ¼ turn left stepping back on R (6:00)  
7&8      Making a ½ turn left shuffle forward on L-R-L (12:00)

## [S4] Charleston Step, Walk Around 3/4R

1 2      Touch forward on R, Swing R around /stepping back on R  
3 4      Touch back on L, Swing L around /stepping forward on L  
5 6 7 8      Walk around, making a ¾ turn to the right, stepping R-L-R-L

No tags or restarts.

Ending suggestion: The last wall starts facing 12:00. Dance up to Section 2 count 4& (3:00). Box 1/4L to the front wall on counts 5, 6, 7, 8.

(updated: 7/May/24)