

# Longest Twist

COPPER KNOB  
BY SHEETS

拍數: 48      牆數: 4      級數: High Beginner  
編舞者: Titi Kasese (INA) - May 2024  
音樂: Longest Twist (Short Version)



\* Restart on wall 3 & 5, after 24 count) (face to 03:00)

## S1. KICK FORWARD, KICK SIDE, COASTER STEP R/L

1-2-3-4.      Kick R forward, Kick L side, R back, L back close to R, R forward  
5-6-7-8.      Kick L forward, Kick L side, L back, R back close to L, L forward

## S2. LINDY STEP, 1/4 LINDY STEP

1&2-3-4.      R to side, L close to R, R to side, L back , recover on R  
5&6-7-8.      R to side, L close to R, R to side, 1/4 turn to right L back , recover on R

## S3. TOE TOUCH FORWARD R/L, BOOGIE STEP FORWARD

1-2-3-4.      R toe touch forward, R back, L toe touch, L back  
5-6-7-8.      R forward slightly diagonal, L forward slightly diagonal, R forward slightly diagonal, L forward slightly diagonal

## S4. ROCKING CHAIR, PADDLE 1/4 TWICE

1-2-3-4.      R forward, L in place, R back, L in place  
5-6-7-8.      R forward turn 1/4 to left, L weight on L, R forward turn 1/4 to left, weight on L, (face to 09:00)

## S5. RIGHT JAZZBOX TURN TWICE

1-2-3-4.      R cross over L, 1/4 turn to right L back, R to side, L forward (face to 12:00)  
5-6-7-8.      R cross over L, 1/4 turn to right, L back , R to side, L forward (face to 03:00)

## S6. OUT-OUT, IN - IN, TWIST R/L

1&2-3&4.      R forward side, L forward side, Recover on R, R back, L back close to R, R in place  
5-6-7-8.      TWIST (R/L/R/L)

LET'S DANCE AND BE HAPPY □□□□□□□□

Last Update: 9 May 2024