

Go Home W U

拍數: 32 牆數: 4 級數: Improver
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音樂: GO HOME W U - Keith Urban & Lainey Wilson



The dance begins after 16 beats with the start of the singing.

S1: Point-touch-point, behind-side-cross, touch-heel-stomp forward l + r

- 1&2 Touch right toe to the right - touch right toe next to LF and right again
3&4 Cross RF behind left - step to the left with left and cross RF over left
5&6 Touch left toe next to RF (knee inwards) - touch left heel next to RF (toes outwards) and stomp LF in front of right
7&8 Touch right toe next to LF (knee inwards) - touch right heel next to LF (toes outwards) and stomp RF in front of left

S2: Mambo forward, back & skate 3, shuffle forward-flick

- 1&2 Step forward with left - weight back on right and step backwards with left
3&4-6 Step backwards with right - step LF next to right and 3 steps forwards, each time turning inwards on the diagonal/heel (r - l - r)
7&8 Step forwards with left - step RF next to left and step forwards with left
& RF snap backwards

S3: Shuffle back r + l, rock back, ½ turn l, ¼ turn l

- 1&2 Step backwards with right - step LF next to right and step backwards with right
3&4 Swing LF backwards in a circle and step backwards with left - step RF next to left and step backwards with left
5-6 Swing RF backwards in a circle and step backwards with right - weight back on LF
7-8 ½ turn left and step backwards with right - ¼ Turn left [lift left leg slightly/toe forward] and step to the left with left (3 o'clock)

S4: Rock across-side r + l, step, pivot ½ l, step, close/bounds

- 1&2 Cross RF over left - weight back on LF and step to the right with right
3&4 Cross LF over right - weight back on RF and step to the left with left
5-6 Step forward with right - ½ turn left on both balls of feet, weight on left at the end (9 o'clock)
7-8 Step forward with right - place LF next to right [lifting and lowering both heels]

Repeat until the end

Tag (after the end of the 7th round - 3 o'clock)

Hold 4

- 1-4 Hold (call out loud "one, two, three, four" and count with your fingers)

Last Update: 7 May 2024