First Dance (aka Make Me A Dancer)



拍數: 32 牆數: 1 級數: Absolute Beginner

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音樂: Make Her Fall In Love With Me Song - George Strait



When someone comes into our class as an absolute beginner, this is the dance we do to introduce them to line dancing.—they can complete a dance in about ten minutes and feel good about their progress.

SECTION 1: RIGHT AND LEFT SIDE TOGETHER, SIDE TOUCH

1-2	Step right to side, step left bedside right
3-4	Step right to side, touch left toe beside right
5-6	Step left to side, step right beside left
7-8	Step left to side touch right toe beside left

SECTION 2: RIGHT, LEFT FORWARD ZIG-ZAGS

1-2	Step right diagonally forward, touch left beside right
3-4	Step left diagonally forward, touch right beside left
5-6	Step right diagonally forward, touch left beside right
7-8	Step left diagonally forward, touch right beside left

SECTION 3: RIGHT AND LEFT VINES

1-2	Step right to side, step left behind right
3-4	Step right to side, touch left beside right
5-6	Step left to side, step right behind left
7-8	Step left to side, touch right beside left

SECTION 4: WALK BACK 4 TIMES, RIGHT AND LEFT HEELS

1-2	Step right back, step left back
3-4	Step right back, step left back

Tap right heel forward, step right in placeTap left heel forward, step left in place

Start again

**To make this a 4 wall dance, just turn left on step 7 of Section 1 and touch right beside