

Freight Train

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Bill Handley (AUS) - 2 May 2024
音樂: Freight Train - Aaron Watson
或: Frankie and Johnny - Rod Stewart & Jools Holland



#32C Intro. Start with LF. - No tags, no restarts.

[S:1] Cross L over R, step R to side, touch L heel diagonally forwards, close L, cross R over L, step L to side, point R across body to L side, point R to R side.

1,2,3,4, Step L across R, step R to R side, touch L heel diagonally forwards, close L next to R,
5,6,7,8. Step R across L, step L to L side, point R across body diagonally forwards to the L, point R to R side.

[S:2] Sailor with a ¼ turn R, point L forward, step back on L, step R to close, shuffle forwards- LRL (3:00).

1,2,3,4, Step R behind L, step L to L side, make a ¼ turn R and step R in place, point forward with L(3:00),
5,6,7&8. Step back on L, step R next to L, shuffle forwards-LRL.

[S:3] Three walks forwards-RLR, hitch L forward with a hand clap, three walks back-LRL, kick R forward with a hand clap.

1,2,3,4, Walk forward on R, walk forward on L, walk forward on R, hitch forward on L with hand clap,
5,6,7,8. Walk back on L, walk back on R, walk back on L, kick R forward with hand clap.

[S:4] ¼ turn R, step R side, touch L beside R (6:00), ¼ turn R, step L side, touch R beside L (9:00), ¼ turn R, step R side, touch L beside R (12:00), ¼ turn R, rock L side, R recover (3:00).

1,2,3,4 Make a ¼ turn R and step R to R side, touch L next to R, make a ¼ turn R and step L to L side, touch R next to L (9:00),
5,6,7,8 Make a ¼ turn R and step R to R side, touch L next to R, make a ¼ turn R and rock LF to L side, step R in place (3:00).

Repeat facing 3:00.

Last Update - 5 June 2024