Reggaeton Fun



拍數: 32 牆數: 4 級數: Improver

編舞者: Tom Inge Soenju (NOR) - April 2024

音樂: La Gozadera (feat. Marc Anthony) - Gente de Zona



Note: Alternative slower track to use: "Lost in the Middle of Nowhere (Spanish Remix)" by Kane Brown & Becky G (86 bpm, Intro: 8C, no tags or restarts)

Intro: 32 counts.

Sequence: Repeating sequence.

Tag/Restart: Same tag after wall 2 [06:00] and wall 5 [03:00], no restarts. End: Dance as normal until music ends in wall 9 [12:00] after 17 counts.

SECTION 1: OPEN CHASSE WITH TOUCH x2, HEEL SWITCHES

1&2& Step RF to R side, Step LF to R side, Step RF to R side, Touch LF in place

(keep feet a shoulder length apart and bend knees slightly)

3&4& Step LF to L side, Step RF to L side, Step LF to L side, Touch RF in place

(keep feet a shoulder length apart and bend knees slightly)

5&6& Touch RH fwd, Step RF beside LF, Touch LH fwd, Step LF beside RF

(keep toes pointing outwards on heel touches)

7&8& Touch RH fwd, Touch RF beside LF, Touch RH fwd, Step RF beside LF

(keep toes pointing outwards on heel touches)

SECTION 2: SIDE-TOUCH x2, CHASSE, TOUCH, SIDE-TOUCH x2, CHASSE, 1/8 R TURN, BRUSH

1&2&	Step LF to L side, Touch RF beside LF, Step RF to R side, Touch LF beside RF
3&4&	Step LF to L side, Step RF beside LF, Step LF to L side, Touch RF beside LF
5&6&	Step RF to R side, Touch LF beside RF, Step LF to L side, Touch RF beside LF

7&8& Step RF to R side, Step LF beside RF, Step RF to R side, 1/8 R turn brushing LF fwd [01:30]

SECTION 3: MAMBO STEP, ROCK-REC, 1/8 L SIDESTEP, 1/8 L B ROCK-REC, 1/8 R SIDESTEP, 1/8 R SAILOR STEP, BALL-STEP

1&2	Rock LF fwd,	Transfer weight onto	RF, Step LF back

Rock RF behind LF, Transfer weight onto LF, 1/8 L turn stepping RF to R side [12:00]

1/8 L turn rocking LF behind RF, Transfer weight onto RF, 1/8 R turn stepping LF to L side

7&8 1/8 R turn rocking RF back, 1/8 R turn stepping LF to L side, Step RF fwd

&1 Step ball of LF next to RF, Step RF fwd

SECTION 4: WALK, MAMBO STEP, B SHUFFLE, 1/4 R ROCK WITH LOOK & KNEE POP, RECOVER, TOUCH

2 Step LF fwd

3&4 Rock RF fwd, Transfer weight onto LF, Step RF back
5&6 Step LF back, Step RF next to LF, Step LF back

LF in place

(recover), Touch RF beside LF and look forward again

TAG After wall 2 [06:00] and wall 5 [03:00]

SECTION 1: OUT-OUT, BEND KNEES AND HIP ROLLS

1-2 Step RF fwd to R diagonal, Step LF to L side

3-4 Bend knees and rotate hip/pelvis in a circular motion CCW doing a full circle on each count

with weight ending on LF

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

Mail: tom@soenju.dance

Facebook (Tom Inge Sønju): www.facebook.com/tom.soenju

Website: www.soenju.dance

Abbreviations: \min – \min – beats per \min – beats per \min – \min – \min – \min – beat, \min – beat, \min – beats per \min – beats pe