Caroline's AB Waltz



拍數: 24 牆數: 4 級數: Absolute Beginner - waltz

編舞者: Charlotte Steele (SA) - May 2024

音樂: Don't You Cry, Caroline - Goombay Dance Band



INTRO: Just for fun: When the intro music starts, place your hand on the shoulder of the dancer next to you and sway from side to side in time to the music. Add a cross kick to your sway if you feel like it! Enjoy! Main dance starts on vocals.

Sec.1 Left Twinkle. Right Twinkle.

1 2 3	Cross L over R turning slightly to right diagonal, step R to right side, step L to left side
4 5 6	Cross R over L turning slightly to left diagonal, step L to left side, step R to right side (12:00)

Sec.2 L Forward Cross-Point-Hold. R Back Cross-Point-Hold.

123	Cross L over R slightly bending knees, straighten up and point/touch R to right side, Hold
4 5 6	Cross R behind L slightly bending knees, straighten up and point/touch L to left side, Hold
	(12:00)

Sec.3 Basic Waltz Forward. Basic Waltz Back.

123	Step L forward, step R next L, step L in place
456	Step R back, step L next to R, step R in place (12:00)

Sec.4 L Cross-Turn 1/4 Left-Side, R Cross-Back-Side,

1 2 2	Cross Lover D. turn 1/ left stanning back on D. stan L. to left side (0:00)	
123	Cross L over R, turn ¼ left stepping back on R, step L to left side (9:00)	

4 5 6 Cross R over L, step L back, step R to right side (weight onto R)

Start Again

NOTE 1: Dance is not strictly phrased to the music – Absolute Beginners who have not yet been introduced to Tags/Restarts can just keep on dancing through.

NOTE 2: If your AB class has already been introduced to Tags/Restarts,

or you want an opportunity to teach them these, this music has ONE TAG of 6 counts at the end of Section 4 on Wall 4.

TAG Suggestion: Basic Waltz Forward, Basic Waltz Back.

Contact: steelecharlotte2013@gmail.com

Last Update: 4 May 2024