

Copa Vacía

拍數: 32 牆數: 4 級數: Easy Intermediate
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音樂: Copa Vacía - Shakira & Manuel Turizo



NO TAG NO RESTART

Sec 1: Samba Whisk R-L, ¼ turn L Samba Whisk R-L

1-2& Step RF Side (1), Rock LF Back (2), Recover on RF (&)
3-4& Step LF Side (3), Rock RF Back (4), Recover on LF (&)
5-6& 1/4L Stepping RF Side (5), Rock LF Back (6), Recover on RF (&)
7-8& Step LF Side (7), Rock RF Back (8), Recover on LF(&)

Sec 2: Modification Batucada, Sailor Step

1-2 Step RF forward (press n weight on R) (1) , hold (hip roll)
&3&4 Step RF backward (&), touch on LF forward (3), Step LF backward (&), Touch on RF forward (4)
&5-6 Step RF backward (&), Step LF forward (press n weight on LF) , hold (hip roll)
7&8 1/4 turn left Crossing LF Behind RF (7), Step RF to R Side (&), Step LF to L side (8) (9 o'clock)

Sec 3: Half Diamond R, Coaster Step

&1 2&3 4 Step RF beside LF (&), Step LF to side (1), Step RF cross over LF(2), Step LF to side ¼Turn R(&), Step RF to back while hitch LF (3), Step LF back (4) (11.30 o'clock)
&5 6&7 1/8 turn R stepping RF to side (&), Step LF forward (5) (12 o'clock), step RF cross over LF (6), 1/8 turn R stepping LF to side (&), step RF back while hitch on LF (7)
8&1 1/8 turn R stepping LF backward (8), step RF beside LF (&), step LF forward

Sec 4: Mambo Forward, Mambo Backward, Forward Shuffle, 1/2 Volta Turn

2&3 4& Rock forward RF(2), recover weight on LF(&), back rock RF (3), back rock LF (4), Recover on RF (&)
5&6 Step LF forward (5), Step RF beside LF(&), Step LF forward (6)
&7&8 1/4 turn L stepping RF to side (&), Step LF cross over RF (7), 1/4 turn L stepping RF to side (&), Step LF cross over RF (8) (9 o'clock)