

Hard Livin'

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - May 2024
音樂: Hard Livin' - Chris Stapleton



Start after 16 beats

S1: WEAVE LEFT AND RIGHT ENDING WITH STOMPS

1,2,3,4 Cross R over L, Step L beside R, Cross R behind L, Stomp L foot beside R (don't shift weight)
5,6,7,8 Cross L over R, Step R beside L, Cross L behind R, Stomp R foot beside L (don't shift weight)

S2: DOUBLE TIME LOCK FWD R & L; DOUBLE TIME DOUBLE SIDE STEP BACK DIAGONAL, SIDESTEP BACK TO L DIAGONAL

1&2,3&4 Step R forward, Lock L behind, Step R forward; Step L forward, Lock R behind L, Step L fwd
5&6,7,8 Step back R on R diagonal, Step L beside R, Step back on R diagonal; Step back L on L Diagonal, Stomp R beside L

S3: CROSS POINT FWD X 2; CROSS POINT BACK X 2 WITH STOMP

1,2,3,4 Step R fwd, Point L to L, Step L fwd, Point R to R
5,6,7,8 Step R back, Point L to L, Step L back, Stomp R

S4: LINDY SHUFFLE R, TURN ¼ R WITH LINDY SHUFFLE L

1&2,3,4 Step R to R, Step L beside R, Step R to R, Cross rock L behind R, Recover on R
5&6,7,8 Step L to L, Step R beside L, Step L to L, Turning ¼ R cross rock R behind L (3:00), Recover on L