

Me and Bobby McGee

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - May 2024
音樂: Me and Bobby McGee (feat. Kris Kristofferson) - Dolly Parton



Start after 16 beats

S1: TOE-HEEL-STOMP, SIDESTEP R; TOE-HEEL-STOMP, SIDESTEP L

1&2,3,4 Bounce R toe beside L, Bounce R heel beside L, Bounce R foot beside L (keeping weight on L foot), Step R to R, Touch L beside R
5&6,7,8 L toe beside R, Bounce L heel beside R, Bounce L foot beside R (keeping weight on R foot), Step L to L, Touch R beside L

S2: DOUBLE TIME LOCK FWD R & L; STEP & DRAG ON BACK DIAGONALS

1&2,3&4 Step R forward, Lock L behind, Step R forward; Step L forward, Lock R behind L, Step L fwd
5,6,7,8 Step back R on R diagonal, Drag L beside R; Step back L on L diagonal, Drag R beside L

S3: CROSS POINT FWD X 2; CROSS POINT BACK X 2

1,2,3,4 Step R fwd, Point L to L, Step L fwd, Point R to R
5,6,7,8 Step R back, Point L to L, Step L back, Point R to R

S4: TURN ½ L WITH ROCKS R&L, SIDESTEP R & L

1&2,3&4 Turn ¼ L with cross rock R over L (9:00), Recover L, Rock R fwd, Turn ¼ L with rock L fwd (6:00), Recover R, Rock L fwd
5,6,7,8 Step R to R, Touch L beside R, Step L to L, Touch R beside L