

Take It Easy

COPPER **KNOB**
BY STEPHEN T. TRITT

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - May 2024
音樂: Take It Easy - Travis Tritt



Start after 8 beats or wait for 40 beats and start with the lyrics

S1: VINE RIGHT & LEFT

1,2,3,4 Step R to R, Cross L behind R, Step R to R, Touch L beside R
5,6,7,8 Step L to L, Cross R behind L, Step L to L, Touch R beside L

S2: STEP UP & BACK AT DIAGONALS

1,2,3,4 Step R fwd to R diagonal, Touch L beside R, Step L fwd to L diagonal, Touch R beside L
5,6,7,8 Step R back to R diagonal, Touch L beside R, Step L back to L diagonal, Move R foot back in preparation for sailor step so you have one fluid motion to the first "step behind"

S3: SLOW SAILOR STEPS

1,2,3,4 Step R behind L, Step L to L, Step R to R, Hold
5,6,7,8 Step L behind R, Step R to R, Step L to L, Hold

S4: DOUBLE SIDESTEPS DIAGONAL UP & BACK TO TURN ¼ L

1,2,3,4 Turning 1/8 L step R fwd on R diagonal (10:30), Step L beside R, Step R fwd on R diagonal, Touch L beside R
5,6,7,8 Step L back on L diagonal, Step R beside L, Turning 1/8 L step L back on L (9:00) diagonal, Touch R beside L