

# Boanonhu Do Ho

拍數: 36      牆數: 2      級數: Low Intermediate  
編舞者: Kristin (INA) & Irene Tobing (INA) - May 2024  
音樂: Boanonhu Do Ho - Gok Parasian Malau



Sequence : 36, 36, 32, 34, 32, 20\*, 36, 34, 32, 25

**Sec 1 (1-8) : Back, Sweep, Behind, Side, Cross, Recover, Side, Cross, Recover, ¼ Turn, Forward, Touch**

1            Step R back, sweep L back (1)  
2&3        Step L behind (2), Step R side (&), Cross Rock L over R (3)  
4&5        Recover on R(4) , Step L Side (&), Cross Rock R over L (5)  
6&7        Recover on L (6), Turn ¼ turn R forward (&), Step L Forward (7) [3:00]  
8&         Step R Forward (8), Touch L next to R(&)

**Sec 2 (9-16) : Back, Behind, Side, Cross, Forward, Step Lock, Forward, Touch**

1            Step L back and sweep R back  
2&3        Step L behind (2), Step L side (&) Step R cross over L (3)  
4&5        Recover on L (4) , ¼ turn R forward (&), Step L Forward (5)  
6&7        Step R forward (6), lock L behind R (&), Step R forward (7)  
8&         Step L forward (8), Touch R next to L (&)

\*on W6 straight to sec 5

**Sec 3 (17-24): Side, ¼ Diamond, Forward, Pivot ½, Run LRL forward, Run LR back**

1            Step R side  
2&3        ⅙ Turn L Step L back (2) [4.30], step R back (&), ⅙ Turn L step L side (3)[3.00]  
4&5        Step R forward (4), Step L forward (&), ½ turn R BW on R(5) [9.00]  
6&7        Step L forward (6), Step R Forward (&), Hitch R (7)  
8&         Step R back (8), Step L back (&)

**Sec 4 (25-32) : ¼ Turn, BNC, Ronde, Forward RLR, Pivot ½, Squaring ¼**

1            ¼ Turn R Step R side [12:00]  
2&3        Step L slightly behind (2), Step R cross over L (&), Step L side making a ⅞ turn right lifting R foot off the ground (3) [7:30]  
4&5        Step R Forward (4), Step L Forward (&), Step R Forward (5)  
6            Turn ½ L BW on L (1:30)  
7            Step R Forward Close L together  
8            ⅜ Turn R Step L Inplace

**Sec 5 (33-36) : Reverse Rocking Chair**

1            Step R back  
2            Recover on L  
3            Step R forward  
4            Recover on L

Happy Dancing