

Ain't Your Mama

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Tri Artiyanti (INA) & Irene Argoputro (INA) - May 2024
音樂: Ain't Your Mama - Jennifer Lopez



Intro 8 C Tag & Restart

S1. HITCH - DROP - HITCH - DROP - HITCH - DROP - HITCH - DROP - HEEL OUT - IN - COASTER STEP

1&2& R Knee up, drop R down, L knee up, drop L down
3&4 R knee up , drop R down, R knee up
5&6 R drop n tap , R heel out, R heel in
7&8 Step R back, L beside R, step R forward

S2. L TOUCH FORWARD WITH HIP BUMPS - ½ TURN TOUCH FORWARD WITH HIP BUMPS - FORWARD - ¼ TURN SIDE - ½ SAILOR CROSS

1&2 Touch L forward with hip bumps L, R, L with drop L (weight on L)
3&4 ½ Turn right touch R forward with hip bumps R, L, R with drop R (weight on R)
5-6 Step L forward, ¼ turn left step R to side
7&8 ½ turn left step L cross behind R, step R to side, L cross over R

***Restart* on W 4 & 8 after 16 C with change step ¾ sailor forward (face 12.00)**

S3. BALL - CROSS OVER - HOLD - SIDE - CROSS BEHIND - HOLD - EXTENDED WAVE - HITCH

&1-2 Step ball on R, L cross over R, hold
&3-4 Step R to side, L cross behind R, hold (diagonal face 4.30)
&5&6 Step ball on R to side, L cross over R, step ball on R to side, L cross behind R
&7-8 Step ball on R to side, L cross over R , R knee up

S4. SIDE - DRAG - BALL - CROSS SHUFFLE - BRUSH - HITCH - DROP - WALK FORWARD

1-2& Step R to side, drag L to R, step ball on L next to R
3&4 R cross over L, step ball on L, R cross over L
5&6 L brush, L knee up, L drop down
7-8 Step forward on R - L

TAG on W 10 after 16 C

S1 SIDE - ARM RISE UP

1-4 (face 3.00) Step R to side with Right arm raise up
5-8 (face 12.00) ¼ turn left step L to side

S2. SIDE - BEHIND - SIDE - CROSS - SWEEP - CROSS - SIDE - BEHIND - SIDE - CROSS ROCK - ¼ TURN

1-2& Step R to side, L cross behind R, step R to side
3-4& L cross over R while sweep R from back to front, R cross over L, step L to side
5-6& R cross behind L while sweep L from front to back, L cross behind R, step R to side
7-8& L cross over R, recover on R, ¼ turn L step L forward

S3. ¼ TURN SIDE - BEHIND - SIDE - CROSS W/SWEEP - CROSS - SIDE - CROSS ROCK - ¼ TURN

1-2& 1/4 turn Right Step R to side, L cross behind R, step R to side
3-4& L cross over R while sweep R from back to front, R cross over L, step L to side
5-6& R cross behind L while sweep L from front to back, L cross behind R, step R to side
7-8& L cross over R, recover on R, ¼ turn left step L forward

S4. ¼ TURN SIDE - HOLD - SIDE - HOLD - SWAY - SHIMMY

1-2 ¼ turn right Step R to side with hips, hold
3-4 Step L to side with hips, hold
5-6 Hips bump to R - L
7-8 Shimmy

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This choreography is dedicated to the Marathon lineance d' Uld West Java event on May 4 2024
