

Apple Juice

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: High Improver
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音樂: Apple Juice - Teddy Swims



#8 Count Intro, Start On Lyrics, Track Length 3.03

S1 Point Back 1/2 R, Hook, Shuffle Forward, Pivot 1/4 R, Cross Shuffle

1.2.3 Touch R toe back (1) Unwind 1/2 R weight on L (2), Hook R foot under L shin (3) 6
4&5 Shuffle forward R.L.R 6
6.7 Step forward L, Pivot 1/4 R (weight on R) 9
8&1 Cross shuffle L.R.L 9

S2 Side, Hinge 1/4 L, Shuffle Forward, Rock Replace, 1/2 Shuffle L

2.3 Step R to R, Hinge 1/4 L step L to L 6
4&5 Shuffle forward R.L.R 6
6.7 Rock forward L, Replace weight back on R 6
8&1 Shuffle 1/2 L L.R.L 12

S3 R Mambo Step, Back Lock, Reverse Full Turn, R Sailor 1/4 Cross

2&3 Rock forward R, Replace weight L, Step back R 12
4&5 Step back L, Lock R in front of L, Step back L 12
6.7 1/2 R step forward R, 1/2 R step back on L 12
8&1 1/4 R sailor cross R over L 3

S4 Side Rock, Behind Side Cross, Side Rock, & Step & Rock L

2.3 Rock L out to L, Replace weight on R 3
4&5 Cross L behind R, Step R to R, Cross L over R 3
6.7 Rock R out to R, Replace weight on L 3
&8&1 Bring R to L (&) Step L to L (8) Bring R to L (&) Rock L out to L (1) 3

S5 Sway R.L, Sailor 1/4 R, Walk L.R, L Lock Step Forward

2.3 Sway R, Sway L (weight on L) 3
4&5 Sailor 1/4 R 6
6.7 Walk forward L.R (stroll with meaning) 6
8&1 Lock step forward L.R.L (with some style) 6

S6 Pivot 1/2 R, R Shuffle Forward, Walk Round 1/2 L.R. Shuffle 1/4 L

2.3 Step forward R, Pivot 1/2 L (weight on L) 12
4&5 Shuffle forward R.L.R 12
6.7 1/4 L step L forward (drag R behind L) 1/4 L step forward R (drag L behind R) 6
8&1 Shuffle 1/4 L L.R.L 3

S7 Rock Replace Tripple Full Turn R, Rock Replace Coaster Step

2.3 Rock forward R, Replace weight back on L 3
4&5 Tripple full turn R, R.L.R (this is done on the spot) 3
6.7 Rock forward L, Replace weight back on R 3
8&1 Step L back, Bring R to L, Step L forward 3

(alternative steps for counts 4&5 is a coaster step)

S8 Rock Replace, 1/4 R Side Shuffle, 3 Step Jazz Box (Modified)

2.3 Rock forward R, Replace weight back on L (weight on L) 3
4&5 Side shuffle 1/4 L R.L.R 6

