

Poor Choices

拍數: 50 牆數: 4 級數: High Beginner
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音樂: Guilty In Here - Miranda Lambert



Starts with (0:17) "Your number 1..."

S1 [1-8] CHASSE RIGHT, ROCK CROSS BACK, CHASSE LEFT, ROCKCROSS BACK

1&2 Right step to right, left next to right, right step to right
3-4 Left step back diagonally behind right, move weight from left to right
5&6 Left step to left, right next to left, left step to left
7-8 Right step back diagonally behind right, move weight from right to left

S2 [9 - 16] KICKBALL CROSS (x2) DIAGONALLY RIGHT, STOMP(RIGHT),HOLD, COASTER STEP LEFT

1&2 Right kick fwd diagonally, left crossed in front of right, 3&4 Repeat 1&2
5-6 Right stomp, hold
7-8 Step left back, step right beside left, step left fwd

S3 [17 - 24] SHUFFLE FORWARD, SHUFFLE BACK, ROCKBACK(RIGHT), SHUFFLE FORWARD

1&2 Right step fwd, left next to right, right step fwd
3&4 Left step back with 1/2 turn right, right next to left, left step back 5&6 Step back, hold
7&8 Right step fwd, left next to right, right step fwd

S4 [25 - 32] SHUFFLE BACK, ROCK BACK (LEFT), KICKFORWARD(RIGHT), CROSS (RIGHT)

1&2 Left step back with 1/2 turn right, right next to left, left step back 3-4 Step back, hold
5-6 kick right fwd
7-8 right crossed in front of left, recover

S5 [33-40] HEEL&TOE SWITCHES, SCUFF, JAZZ BOX WITH 1/4 TURN RIGHT

1&2 Touch left heel fwd, touch right toe back
3&4 touch left heel fwd, scuff right fwd
5-6 Cross right over left, turn 1/4 right and step left back
7-8 Step right to side, stomp left beside right (03:00)

S6 [41-50] HEEL SWITCHES (RIGHT, LEFT), DIAGONAL STEPS WITH STOMP UP (FORWARD, RIGHT)

1-2 Touch right heel forward, step right beside left
3-4 Touch left heel forward, step left beside right
5-6 Right step fwd diagonally to right, stomp up left next to right
7-8 Left step back diagonally to left, stomp up right next to left

ENDING after step 1&2 (CHASSE RIGHT) in S1 [1-8] "or is it just me..." ES1 [3-4] 1/4 TURN, STOMP RIGHT, SHOULDER SHRUGGING 3-4 1/4 turn on the heel of the left foot, right stomp, shrug your shoulders ;)