Highland Girl



拍數: 64 編數: 2 級數: Phrased Easy Intermediate

編舞者: Sascha Wolf (DE) - 2 May 2024 音樂: Highland Girl - Nathan Evans



Start direct with Locals

Phrased: AB AAB A*AAAB

PART A

Section 1: Step Touch - Step Touch - Rumba Box - Step Touch - Step Touch - Scissor

1&2& RF to side, LF touch to RF, LF to side, RF touch to LF, 3&4& RF to side, LF close to RF, RF fwd, LF touch to RF LF to side, RF touch to LF, RF to side, LF touch to RF, LF to side, RF close to LF, LF cross over RF, hold

Section 2: Scissor - Double Lock step - Mambo Step - Volta turn

1&2&3 RF to side, 1/4 turn left and LF close to RF, RF fwd, LF lock behind RF, RF fwd, &45&6 LF lock behind RF, RF fwd, LF fwd, RF back on place, 3/8 turn left LF to side &7&8 RF to side on Ball, turn 3/8 to left and weight back to LF, Repeat with 1/4 turn

*Restart here in Wall 6. You have to turn a 1/4 before Restart with Section 1

Section 3: Scissor - Scissor - Turn with hitch - Chasse

1&23&4 RF to side, LF close to RF, RF cross over LF, hold, LF to side, RF to LF, LF cross over RF,

hold

5&6& 1/4 turn to left RF back, L knee hitch, 1/2 turn to left RF side, L knee hitch,

7&8 1/4 turn to left RF to side, LF close to RF, 1/4 to left RF back

Section 4: Coaster Step - Heel Struts - Mambo Step - Run Run Run

1&23&4& LF back, RF close to LF, LF fwd, RF fwd heel strut, LF fwd Heel strut
5&67&8 RF fwd, LF back on place, RF close to LF, LF back, RF back, LF back

PART B (La di-di-di-di la di da)

Section 1: Kick Hock Kick Step - Kick Hock Kick Step - Cross chasseé - Turn

1&2&3&4& RF kick fwd - RF hock in fron LF - RF kick fwd - RF to side, REPEAT other Leg

5&67&8 RF cross over LF, LF to side, RF cross over LF,

7&8 1/4 turn to left and LF fwd, RF back on place, 1/2 turn to left and LF fwd

Section 2: Point - Point- Heel - Heel

1&2& RF point to side, RF close to LF, LF point to side, LF close to RF 3&4& R heel dig fwd, RF close to LF, L heel dig fwd, LF close to RF

5&6&7&8 R toetouch back, RF close to LF, L heel dig fwd, Scuff RF with hitch, Stomp, Stomp

Section 3 & 4: Repeat Section B1&B2 Hope you have fun dancing this dance

Last Update: 6 May 2024