

Riot

拍數: 32 牆數: 4 級數: Beginner
編舞者: Elijus Pranckevičius (LIT) - May 2024
音樂: I'm In Love With a Monster - Fifth Harmony



Intro: 8 Counts from first beat in music (app. 7 seconds into track)

[1 – 8] Toe Struts 2x, Kick Ball Cross, ½ Turn L 2x, Step R, Toe Heel 2x

1&2& Touch R to R side (1), Step on R (&), Touch L over R (2), Step on L (&) 12:00
3&4 Turn ¼ R kicking R forward (3), Step R beside L (&), Cross L over R (weight remains on L)
 1:30
5&6 Turn ½ L stepping R beside L (5), Turn ½ L stepping L beside R (&), Step R to R side (6)
 12:00

Option 1 full Pirouette turn L, Step R

5 – 6 Turn 1 full pirouette L (5), Step R to R side (6) 12:00
7&8& Swivel R toe in (7), Swivel R heel in (&), Swivel R toe in (8), Swivel R heel in (&) 12:00

Restart Here on wall 3

[9 – 16] Toe Struts 2x, Kick Ball Cross, 1 full Pirouette turn R, Step L, Toe Heel 2x

1&2& Touch L to L side (1), Step on L (&), Touch R over L (2), Step on R (&) 12:00
3&4 Turn ¼ L kicking L forward (3), Step L beside R (&), Cross R over L (weight remains on R)
 10:30
5&6 Turn ½ R stepping L beside R (5), Turn ½ R stepping R beside L (&), Step L to L side (6)
 12:00

Option 1 full Pirouette turn R, Step L

5 – 6 Turn 1 full pirouette R (5), Step L to L side (6) 12:00
7&8& Swivel L toe in (7), Swivel L heel in (&), Swivel L toe in (8), Swivel L heel in (&) 12:00

[17 – 24] (Out, Out, In, In, Out, Out, Jump, Jump) 2x

1&2& Step on R heel in R diagonal (1), Step on L heel in L diagonal (&), Step R back in centre (2),
 Step L next R (&) 12:00
3&4& Step on R heel in R diagonal (3), Step on L heel in L diagonal (&), Jump Back (4), Jump Back
 (&) 12:00
5&6& Step on R heel in R diagonal (5), Step on L heel in L diagonal (&), Step R back in centre (6),
 Step L next R (&) 12:00
7&8& Step on R heel in R diagonal (7), Step on L heel in L diagonal (&), Jump Back (8), Jump Back
 (&) 12:00

[25 – 32] ½ Pivot Turn 2x, Cross, Step Back, Run in Place with a ¾ Turn R

1 – 2 Step R forward (1), Turn ½ L stepping L forward (2) 6:00
3 – 4 Step R forward (3), Turn ½ L stepping L forward (4) 12:00
5 – 6 Cross R over L (5), Step L back (6) 12:00
7&8& Make a ¾ R while making 4 Steps R L R L jumping & bringing the other foot to your butt
 (7&8&) 9:00