Her Way, Her Say

級數: Improver

編舞者: Rachel Van Heest (USA) - May 2024

音樂: Hers Ain't Mine - Austin Brown

★ Begins on the words : "I didn't work my whole life..."

\star Weight starts on the left

拍數: 32

RESTART on Wall 4 (facing 9 o'clock wall) after the second heel grind coaster step (after the first 24 counts of the dance)

(1-8) Step, Lock, Step, Lock, Step x2

- 1-2 Step R foot forward on the diagonal (2 o'clock), Lock left behind right
- 3&4 Step R foot forward on the diagonal (2 o'clock), Lock L foot behind R foot, step R food forward on the diagonal (2 o'clock)
- 5-6 Step L foot forward on the diagonal (10 o'clock), Lock R foot behind L foot
- Step L foot forward on the diagonal (10 o'clock), Lock R foot behind L foot, step L food 7&8 forward on the diagonal (10 o'clock)

(9-16) V-step, Sailor step x2

- 1-2 R foot step forward on a diagonal (2 o'clock), L foot step forward on diagonal (10 o'clock)
- 3-4 R foot step back to center, L foot step back to center
- 5&6 Cross R foot behind L, step L foot in place, step out with R foot to R side
- 7&8 Cross L foot behind R, step R foot in place, step out with L foot to L side

(17-24) Heel grind ¼ turn, coaster step x2

- Rock forward onto R heel, arching toe from L to R with a ¼ turn over the R shoulder (facing 1-2 3o'clock)
- 3&4 Step back on R, Step L beside R, Step forward on R
- 5-6 Rock forward onto L heel, arching toe from R to L with a 1/4 turn over the L shoulder (facing 12o'clock)
- 7&8 Step back on L, Step R beside L, Step forward on L

Restart happens here ONLY on Wall 4

(25-32) Jazz Box 1/4 turn, Kick-Ball-Change x2

- 1-2 Cross R foot over L foot, step L foot back
- 3-4 R foot step R while turn 90 degrees (1/4 turn) over the right shoulder, touch L foot together
- 5&6 Kick R foot forward, step R beside L, step on to L foot in place
- 7&8 Kick R foot forward, step R beside L, step on to L foot in place

Last Update: 4 May 2024





牆數: 4