

La (Habibi Mush Banaam)

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Siti Kha (INA) - May 2024
音樂: La (REMIX) - Dystinct



START ON VOCAL

Tag After Wall 9 (4 Count)

RESTART : On wall 3, After 16 Count & On wall 7, After 16 Count

S1. *WALK FORWARD – FORWARD MAMBO – BACK SWEEP – COASTER STEP*

1-2 Step R forward, step L forward
3&4 Step R forward, recover on L, Step R back
5-6 Sweep L clockwise backwards, sweep R counterclockwise backwards
7&8 Step L back, Step R close beside L, step L forward

S2. *SAMBA BASIC FORWARD – SAMBA BASIC BACKWARD – ¼ TURN MONTREY TO RIGHT*

1 a2 Step R forward, step ball of L slightly behind R, recover on R
3 a4 Step Step L back, step ball of R slightly in front of L, recover on L
5-8 Step R to side touch, turn ¼ to right, step R close beside L, step L to side touch, L close beside R

S3. *V STEP – TOUCH R DIAGONAL FORWARD WITH HIP BUMP – COASTER STEP*

1-4 Step R forward diagonal to R, step L diagonal forward to L, step R back to center, L close beside R
5&6 Touch R to diagonal forward with hip up, down, up
7&8 Step R back, step L close beside R, Step R forward

S4. *SIDE ROCK – CROSS SHUFFLE - JAZZBOX*

1-2 Step L to side, recover on R
3&4 Step L cross over R, step R to side, step L cross over R
5-8 Step R cross over L, step L back, step R to side, step L forward

Tag : 4 Count

Rocking Chair

1-4 Step R forward, L in place, step R back, L in place

Enjoy the dance

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