

If Ain't Got You

拍數: 48 牆數: 1
編舞者: Nena (INA) - 4 May 2024
音樂: If I Ain't Got You - Alicia Keys

級數: Beginner - Rise & Fall



Section 1 - Forward touch , forward sweep 1/4 right

1 - 3 Step LF forward, touch on RF , hold
4 - 6 Step RF forward, sweep 1/4 turn to right for two counts(3.00)

Section 2 - Twinkle, twinkle 1/4 turn to right

1 - 3 cross LF over Right, step RF to side , recovery on LF
4 - 6 cross RF over left, 1/4 turn to right step LF back, step RF to side(6.00)

Section 3 - Forward touch , forward sweep 1/4 right

1 - 3 step LF forward, touch on RF, hold
4 - 6 step RF forward, sweep 1/4 turn to right for two counts (9.00)

Section 4 : Twinkle, Twinkle 1/4 turn to right

1 - 3 cross LF over RF, step RF to side, recovery
4 - 6 cross RF over left, 1/4 turn to right, step LF back, step RF to side (12.00)

Section 5 - Hesitation / basic

1 - 3 step LF forward, step RF next to LF, step LF in place beside RF
4 - 6 step RF back, step LF next to RF, step RF in place beside LF

Section 6 - LF forward 1/8, hitch, kick RF, RF back, slightly back

1 - 3 step LF forward diagonal 1/8 , hitch right knee, kick forward (10.30)
4 - 6 step RF back, step LF slightly back for 2 count

Section 7 - LF forward, RF sweep 1/8, weave

1 - 3 step LF forward, RF sweep from back to front 1/8 to left (9.00)
4 - 6 step RF cross over LF, step LF to side, cross RF behind LF

Section 8 - PIVOT 1/2, TRAVELING TURN TO RIGHT

1 - 3 1/4 turn to left step LF forward, step RF fwd, 1/2 turn to left step LF fwd (12.00)
4 - 6 step RF forward, 1/2 turn to right step LF back , 1/2 turn to right step RF forward.

This choreography is dedicated to the Marathon lineance d' Uld West Java event on May 4 2024