

There's a Reason

拍數: 32 牆數: 4 級數: Beginner
編舞者: Charlotte Steele (SA) - May 2024
音樂: Daar's 'n Rede - Jennifer Zamudio & Henri Alant



OPTIONAL INTRO DANCE: 16 counts. Start on heavy beat (+- 6 seconds after start of music).

Intro Dance Sec.1: Forward Cross-Point x2. Back Cross-Point x2. 12.00

1-2 Cross R over L, point/touch L to left side
3-4 Cross L over R, point/touch R to right side (12:00)
5-6 Cross R behind L, point/touch L to left side
7-8 Cross L behind R, point/touch R to right side (12:00)

Intro Dance Sec.2: Walk Fwd R-L, Step-Pivot 1/2 Left: x 2. [Option: Walk Fwd RLRL, Walk Back RLRL]

1-2 Step forward on R, step forward on L
3-4 Step R forward, pivot ½ turn left (weight on L) (6:00) (OR walk forward R-L 12:00)
5-6 Step forward on R, step forward on L (6:00) (OR walk back R-L 12:00)
7-8 Step R forward, pivot ½ turn left (weight on L) (12:00) (OR walk back R-L 12:00)

THE ABOVE 2 SECTIONS ARE DANCED ONCE ONLY.

MAIN DANCE. Intro: Start on main vocals.

Sec.1 Syncopated Forward Rumba Box.

1-2 Step R to right side, step L next to R
3&4 Step R forward, step L next to R, step R forward
5-6 Step L to left side, step R next to L
7&8 Step L forward, step R next to L, step L forward (12:00)

Sec.2 Step-Pivot 1/4 Left. Cross Shuffle RLR. L Side Rock-Recover. Behind-Side-Cross LRL.

1-2 Step R forward, pivot ¼ turn left (weight onto L) (9:00)
3&4 Cross R over L, small step L to left side, cross R over L (weight onto R)
5-6 Rock/step L to left side, recover onto R
7&8 Step L behind R, step R to right side, cross L over R (weight onto L) (9:00)

Sec.3 Turn ¼ Left. Turn ¼ Left. Shuffle Forward RLR. L Rock Forward-Recover. Shuffle Back LRL.

1-2 Turn ¼ left stepping back on R (6:00), turn ¼ left stepping forward on L (3:00)
3&4 Step forward on R, step L next to R, step R forward
5-6 Rock/step forward on L, recover back onto R (weight onto R)
7&8 Step back on L, step R next to L, step L back (weight onto L) (3:00)

Sec.4 R Back Mambo. L Side Mambo. R Side Mambo. L Forward Mambo.

1&2 Rock/step back on R, recover forward onto L, step R next to L (weight onto R)
3&4 Rock/step L to left side, recover onto R, step L next to R (weight onto L)
5&6 Rock/step R to right side, recover onto L, step R next to L (weight onto R)
7&8 Rock/step forward on L, recover back onto R, step L next to R (weight onto L) (3:00)

Start Main Dance Again. Have fun – enjoy!

Optional Restarts: On wall 5 and wall 11, restart the dance at the end of Section 1.

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