

Dance of a Lifetime

拍數: 48 牆數: 2 級數: Improver - waltz
編舞者: Rob Fowler (ES) - May 2024
音樂: Dance Of A Lifetime - Drake Milligan



Intro: 24 counts (approx. 13s)

S1: Step L, Point R, Hold, Back R, Point L, Hold

1,2,3 Step forward on L, point R to R side, hold
4,5,6 Step back on R, point L to L side, hold

RESTART: During WALL 3 please RESTART here facing 12 o'clock

S2: Step L, ½ Turn L Back R, Back L, R Basic Back

1,2,3 Step forward on L, make ½ turn L stepping back on R, step back on L (6:00)
4,5,6 Step back on R, step L next to R, step R in place

S3: L Twinkle, Cross R, Side L, Behind R

1,2,3 Cross step L over R, step R to R side, step L to L side
4,5,6 Cross step R over L, step L to L side, step R behind L

S4: Side L, Drag R, Full Turn Side R

1,2,3 Step L to L side, drag R up to meet L over 2 counts (keep weight on L)
4,5,6 Make ¼ turn R stepping forward on R, make ½ turn R stepping back on L, make ¼ turn R stepping R to R side (6:00)

S5: First Part of Diamond ¾ Turn L

1,2,3 Cross step L over R, make 1/8 turn L stepping back on R, step back on L (4:30)
4,5,6 Step back on R, make ¼ turn L stepping L to L side, cross step R over L (1:30)

S6: Last Part of Diamond ¾ Turn L

1,2,3 Step forward on L, make ¼ turn L stepping R to R side, step back on L (10:30)
4,5,6 Step back on R, make 1/8 turn L stepping L to L side, step R next to L (9:00)

S7: Step L, Kick R Twice, Basic R Back

1,2,3 Step forward on L, kick R forward twice
4,5,6 Step back on R, step L next to R, step R in place

S8: Step L ¼ L, Step R, Back L, Basic R Back

1,2,3 Step forward on L making ¼ turn L, step R next to L, step back on L (6:00)
4,5,6 Step back on R, step L next to R, step R in place

Start Over
