

# Glow Up

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
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音樂: Be About It - Cut



## S1-1st 8 Count

1-2      RF bounce side R, Bring RF together LF  
3&4      Rock RF Back, recover inter LF, Scuff RF forward  
5-6      walk RF walk LF  
7&8      RF kick Ball LF slide L

## S2- 2nd 8 Count

1-2      RF cross behind LF rock back, recover onto LF  
3-4      step RF side R, 1/2 turn over L shoulder step LF  
5-6      Cross tap RF over LF (lean back), tap RF side R  
7&8      sailor 1/2 turn over R shoulder RF behind LF step side LF step side RF

**Restart wall 4 (step onto LF on & bouncing out RF on 1)**

## S3- 3rd 8 Count

1-2      step LF forward step RF forward  
3-4      step back LF step back RF  
5&6      LF pony step back 2xs  
7&8      RF coaster back, together LF, step forward RF

## S4-4th 8 Count

1-2      step forward LF step forward RF  
3      LF paddle once 1/4 turn over R  
4      LF (keep moving) step onto LF 1/4 turn to back wall  
5&6      sailor RF cross back behind LF, step Rf side R, LF side L  
7&8 3      /4 turn sailor LF cross back behind RF step RF side R, LF step forward

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